

Phage Therapy - A tale of bacteria and viruses

HTGAA Bootcamp

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A killer is living amongst us

One of the deadliest
entities on our planet

Trillions of kills per day

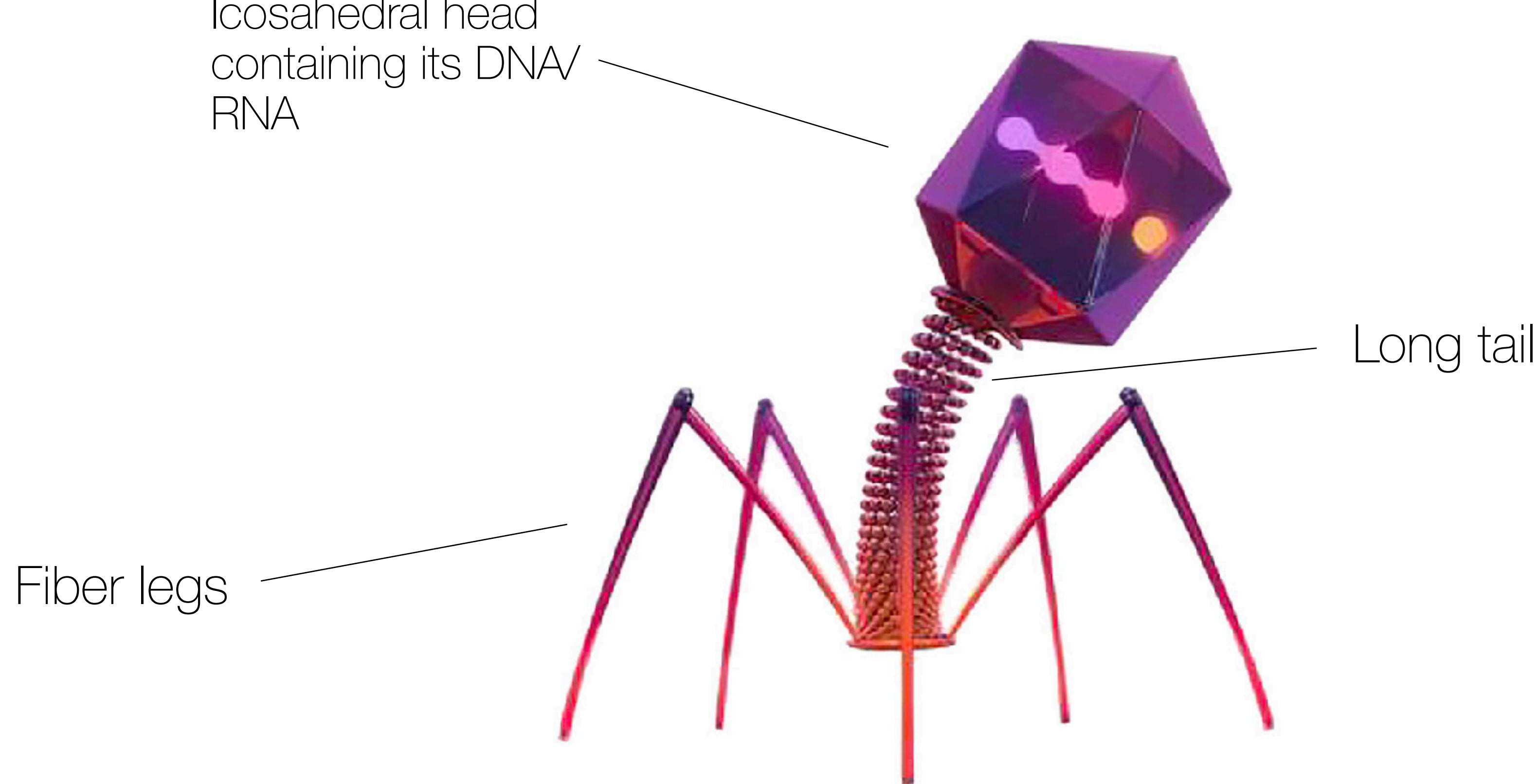


Living on our skin, in our
intestine and all around us

Bacteriophage

Source: <https://www.poultryworld.net/health-nutrition/>

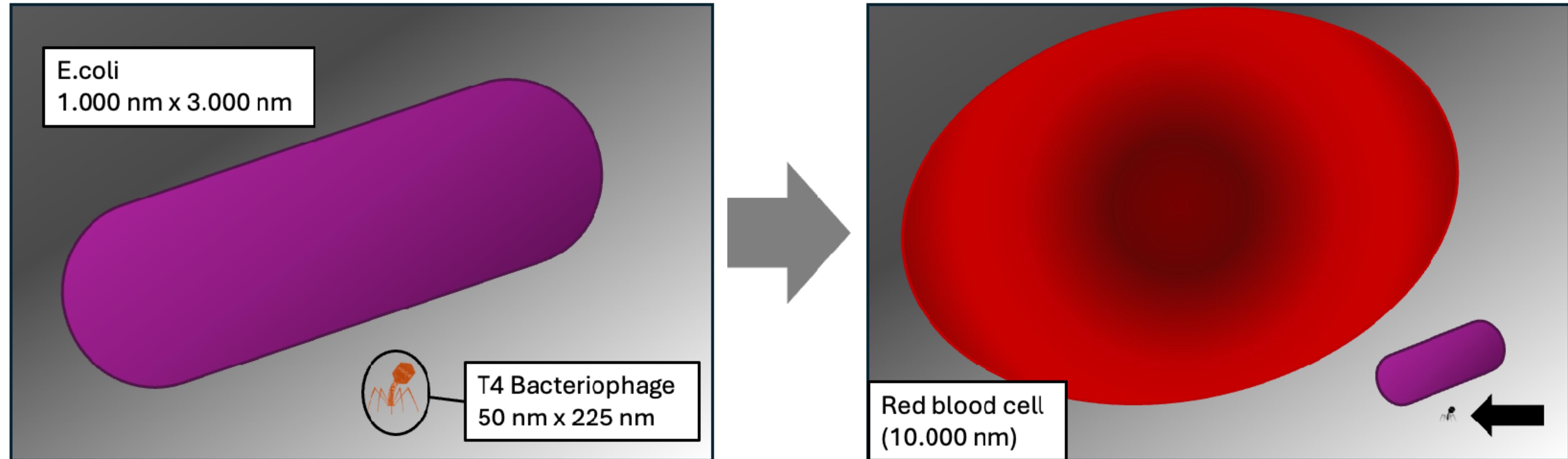
A killer is living amongst us - a virus



Source: <https://www.poultryworld.net/health-nutrition/>

Bacteriophage

Bacteriophages in scale



How many are there?

How many bacteriophages are there?



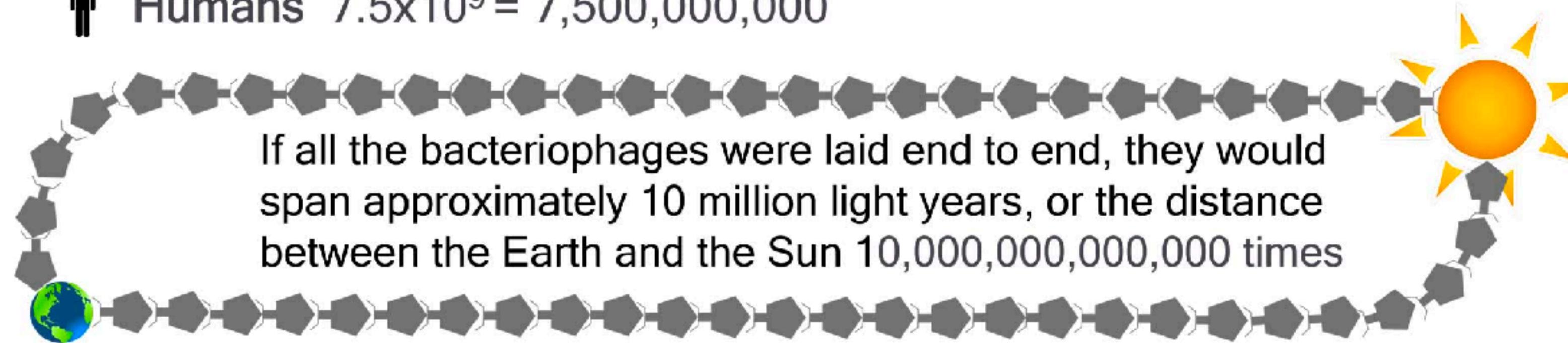
Phages $10^{31} = 10,000,000,000,000,000,000,000,000,000,000$



Ants $10^{15} = 1,000,000,000,000,000$



Humans $7.5 \times 10^9 = 7,500,000,000$



Source: <https://sciencefest.indiana.edu/bacterial-viruses/>

Omnipresent, where bacteria exist – including outside and inside a human!

Soooo should I be worried?

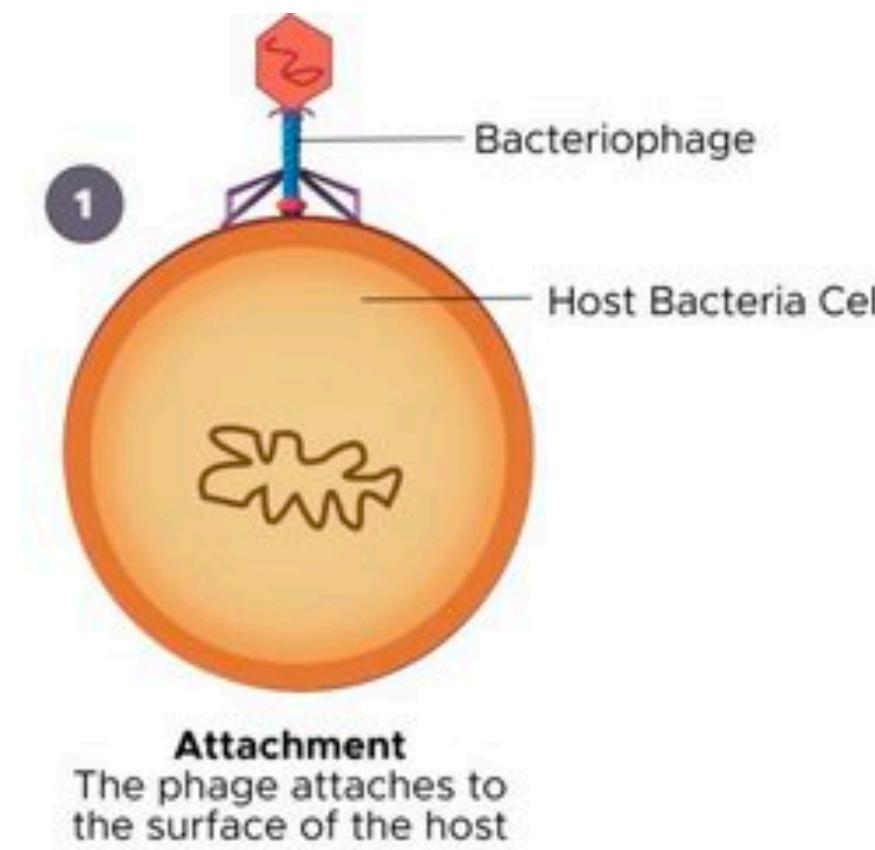
No!



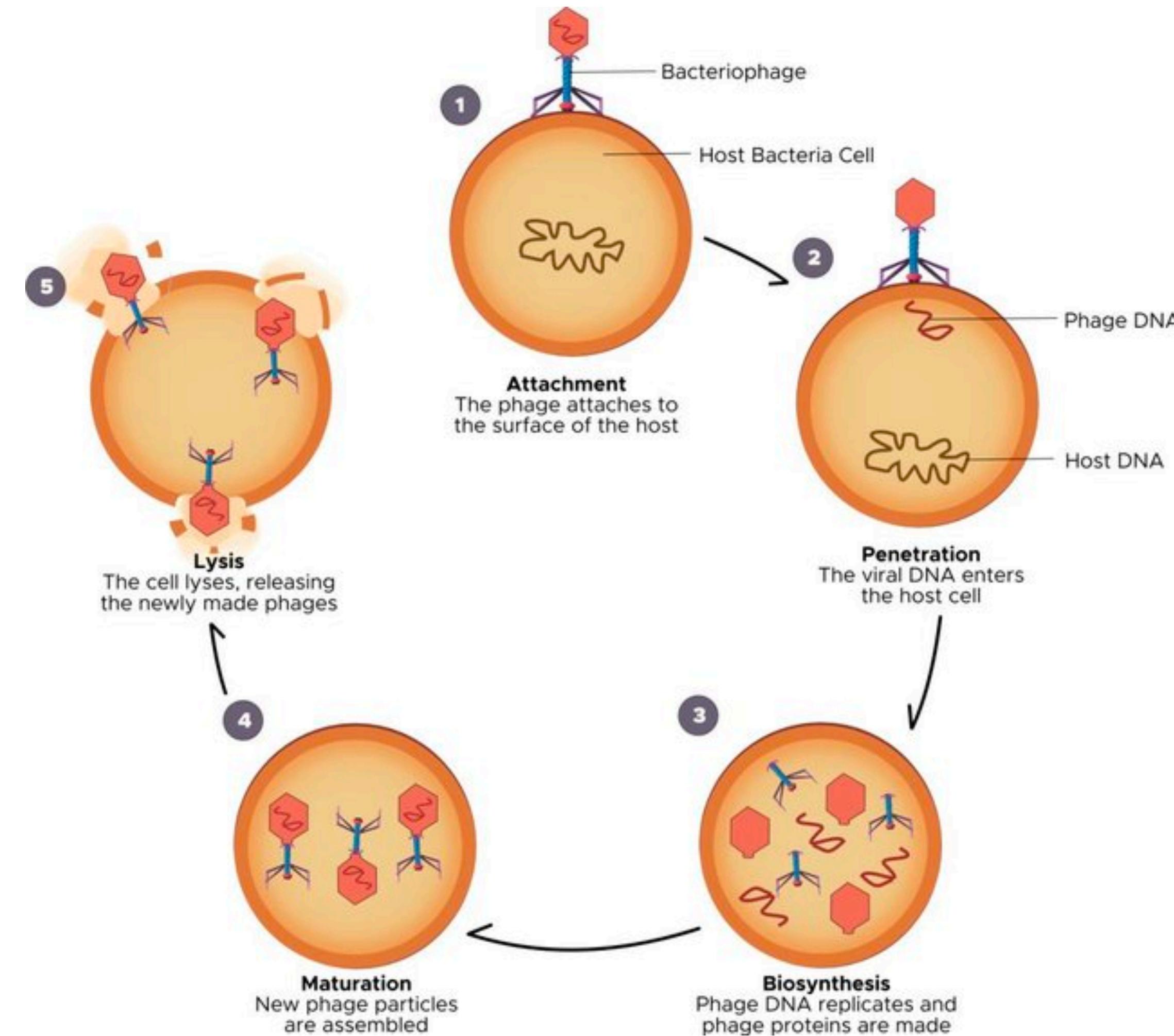
Source: <https://www.discovermagazine.com/the-sciences/the-secret-cleaning-power-of-bacteria>

**The only ones that need to
be scared: Bacteria**

How do they infect bacteria?



How do they infect bacteria?



Source: Adesanya et al. AIMS Microbiology 2020

Phage specificity

Plaque assay

Healthy bacteria

=

Phage not infecting

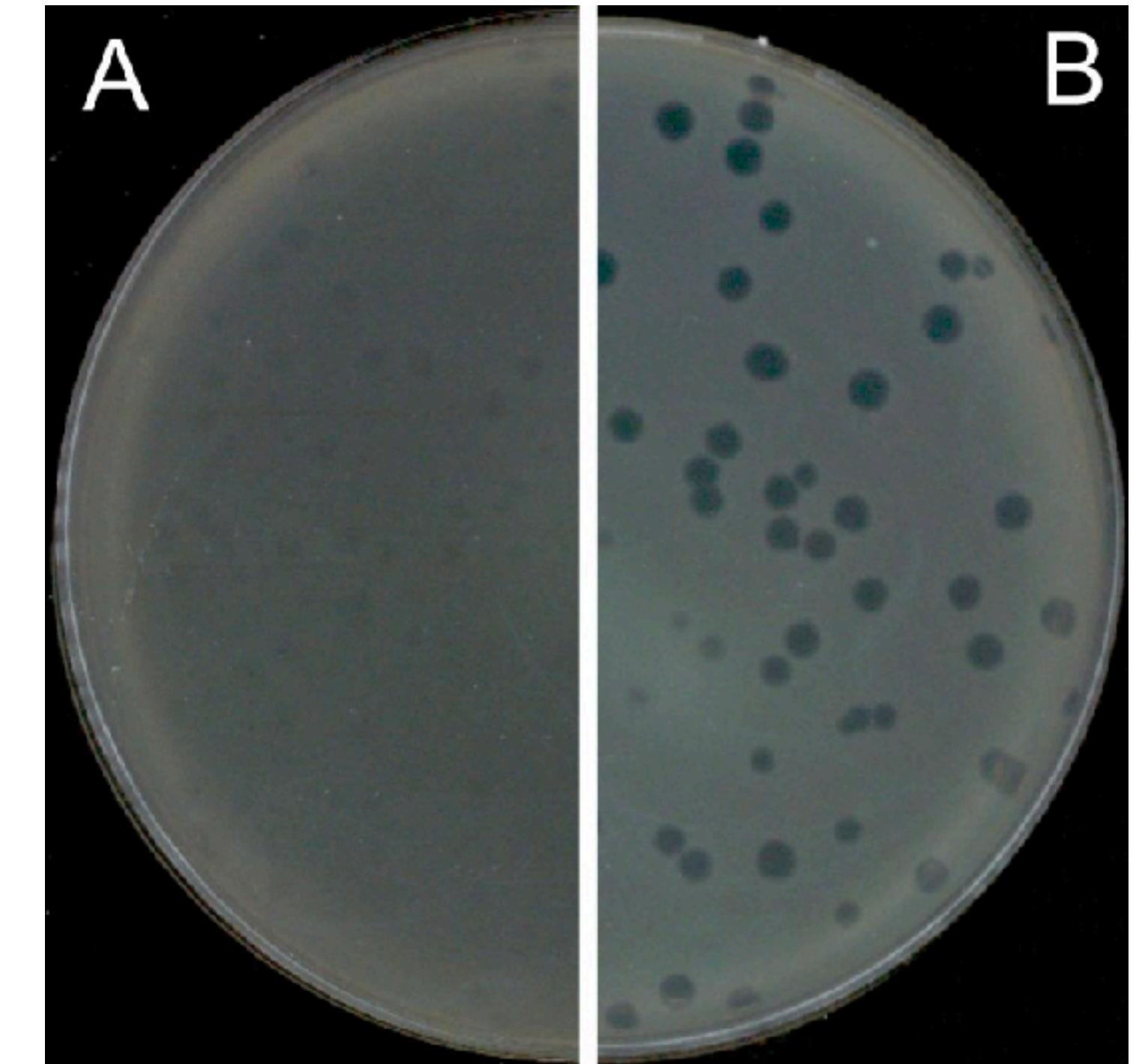
Dying bacteria

=

Phage infecting

Phage	Classification	Genome length (kb)	Phage particle dimensions	Phage isolation source (Reference)	Bacterial host/s
φBrb01	Siphoviridae	33.91 ± 2.41	Head 55–60 nm, tail 105 × 9 nm	Municipal sewage (Klieve et al., 1991)	<i>Bacteroides</i> sp. AR20***, <i>Bacteroides (Prevotella) ruminicola</i> ss <i>brevis</i> AR22, AR23
φBrb02	Siphoviridae	33.02 ± 1.16	Head 55–60 nm, tail 105 × 9 nm	Municipal sewage (Klieve et al., 1991)	<i>Bacteroides</i> sp. AR20***, <i>Bacteroides (Prevotella) ruminicola</i> ss <i>brevis</i> AR7, AR22, AR23
φRa02	Podoviridae	12.8	Head 25 nm, tail 18 nm*	Bovine fecal waste material (Klieve et al., 2004)	<i>Ruminococcus albus</i> AR67
φRa04	Podoviridae	14.0	Head 25 nm, tail 18 nm*	Bovine faecal waste material (Klieve et al., 2004)	<i>Ruminococcus albus</i> AR67
φSb01	Siphoviridae	30.9 kb ± 4.4	Head 60 nm, tail 110 × 7 nm	Bovine rumen fluid (Klieve and Bauchop, 1991)	<i>Streptococcus bovis/equinus</i> 2B, <i>S. equinus</i> Sb04, Sb17

Source: Gilbert et al. Front. Microbiol. 2017



Source: Santos et al. BMC Microbiology 2009

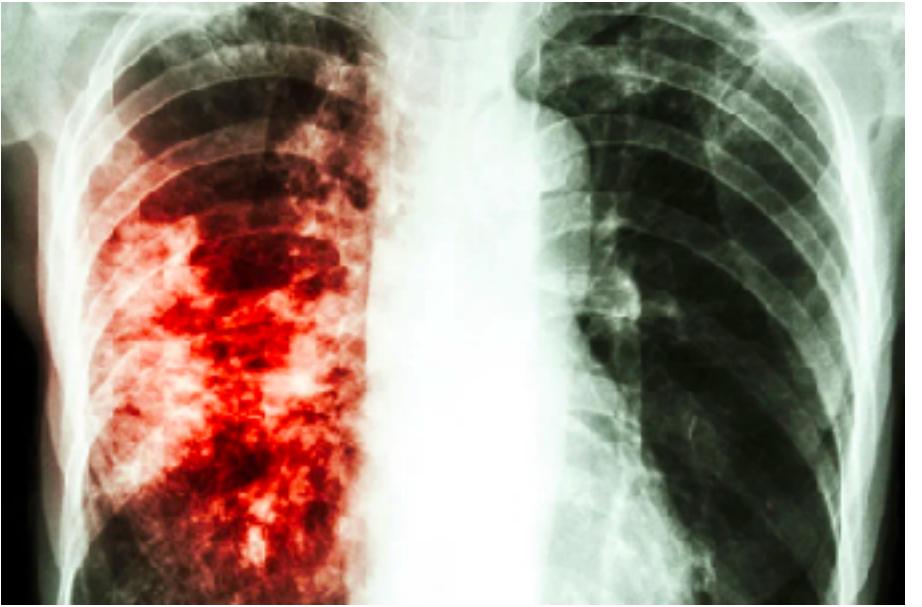
Why should you care about phages?

The short answer: We screwed up!

In the past you could easily die from...

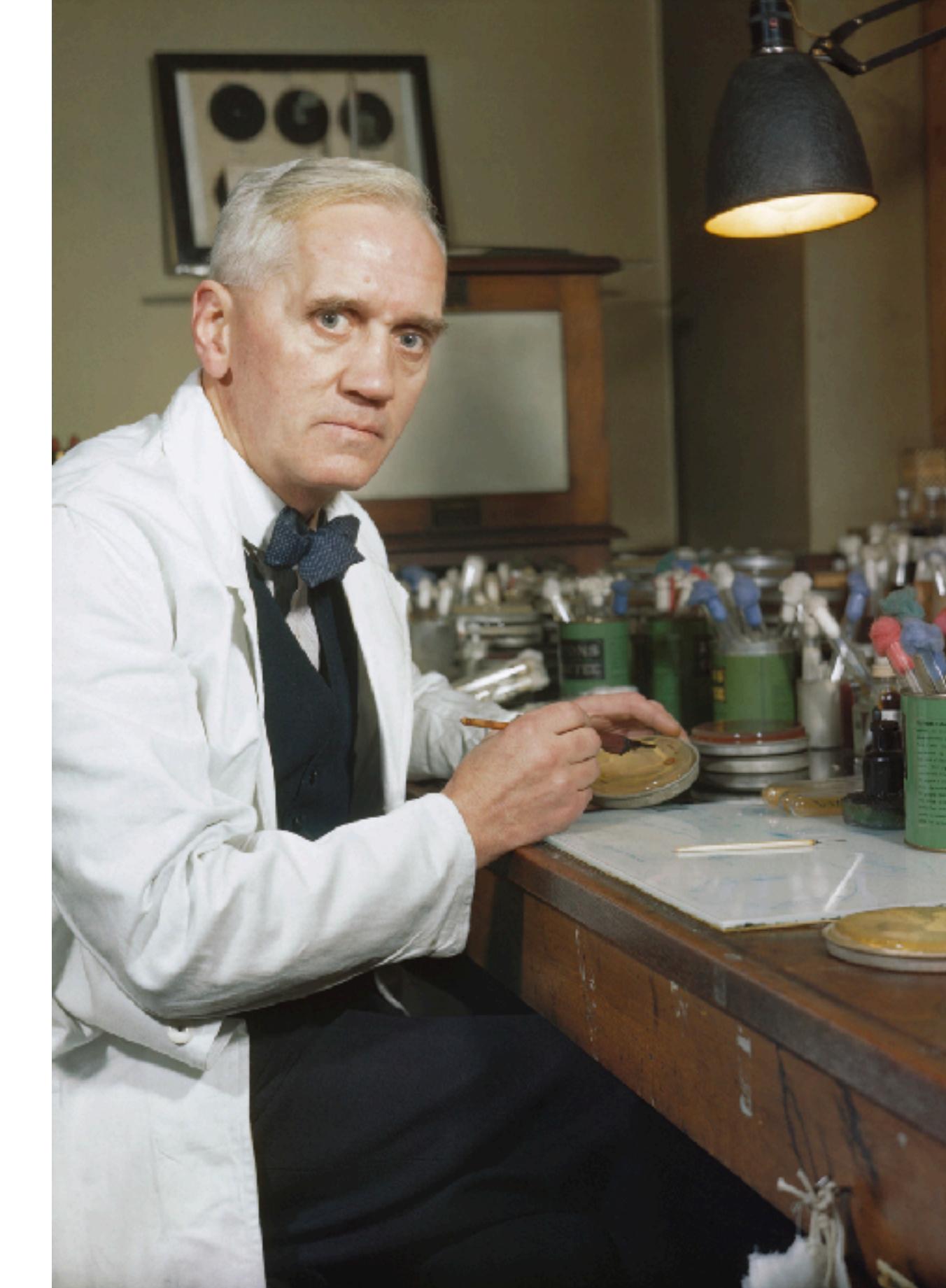
Until this guy came along

Source: <https://www.hsph.harvard.edu/ecpe/>



... breathing in a bug

Source: <https://en.wikipedia.org/wiki/>



Alexander Fleming



... eating leftovers

Source: <https://medicalgearoutfitters.com/blogs/firstaid/>

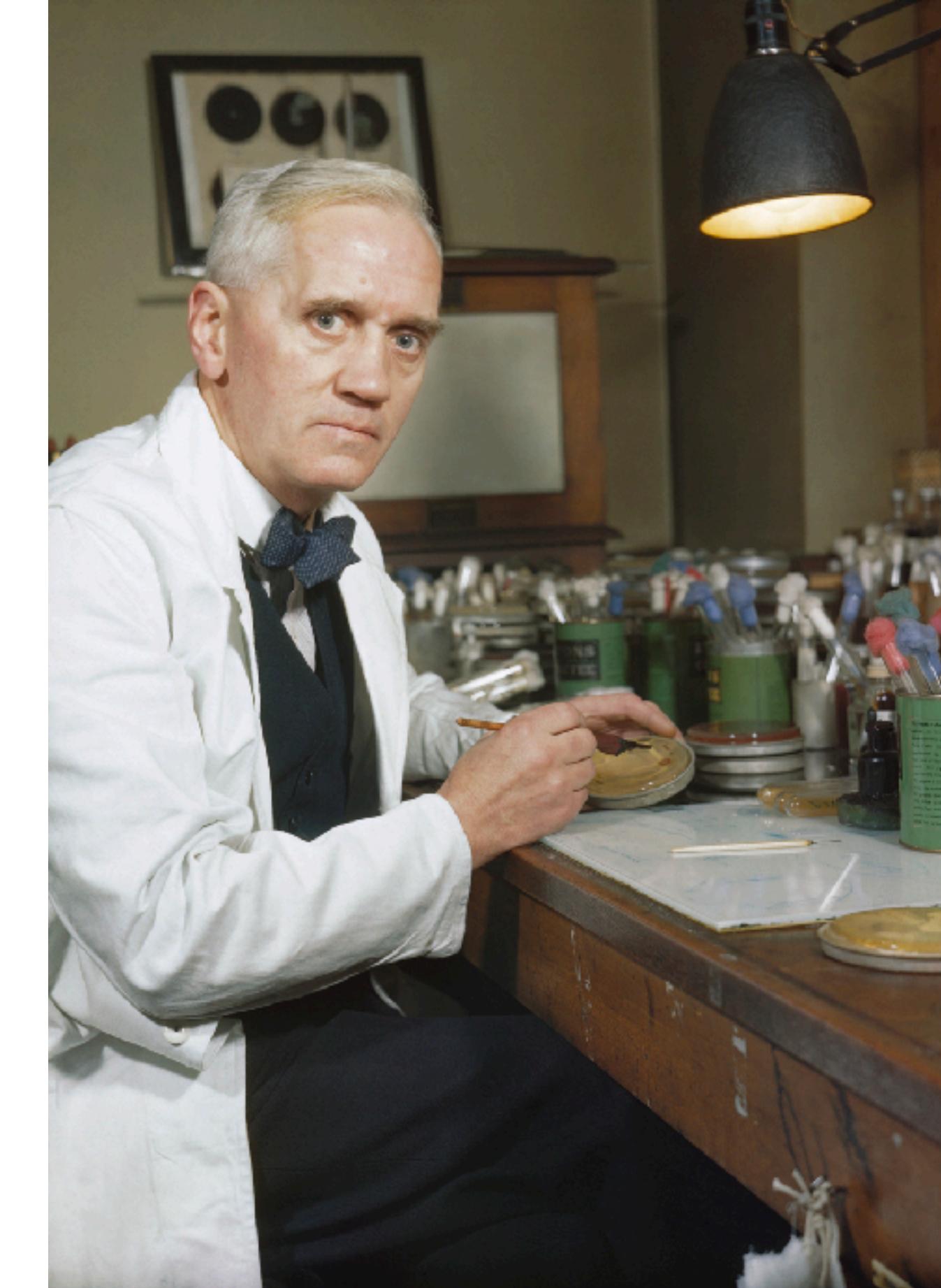


... cutting your finger

We found antibiotics!

Until this guy came along

Source: <https://en.wikipedia.org/wiki/>



Alexander Fleming

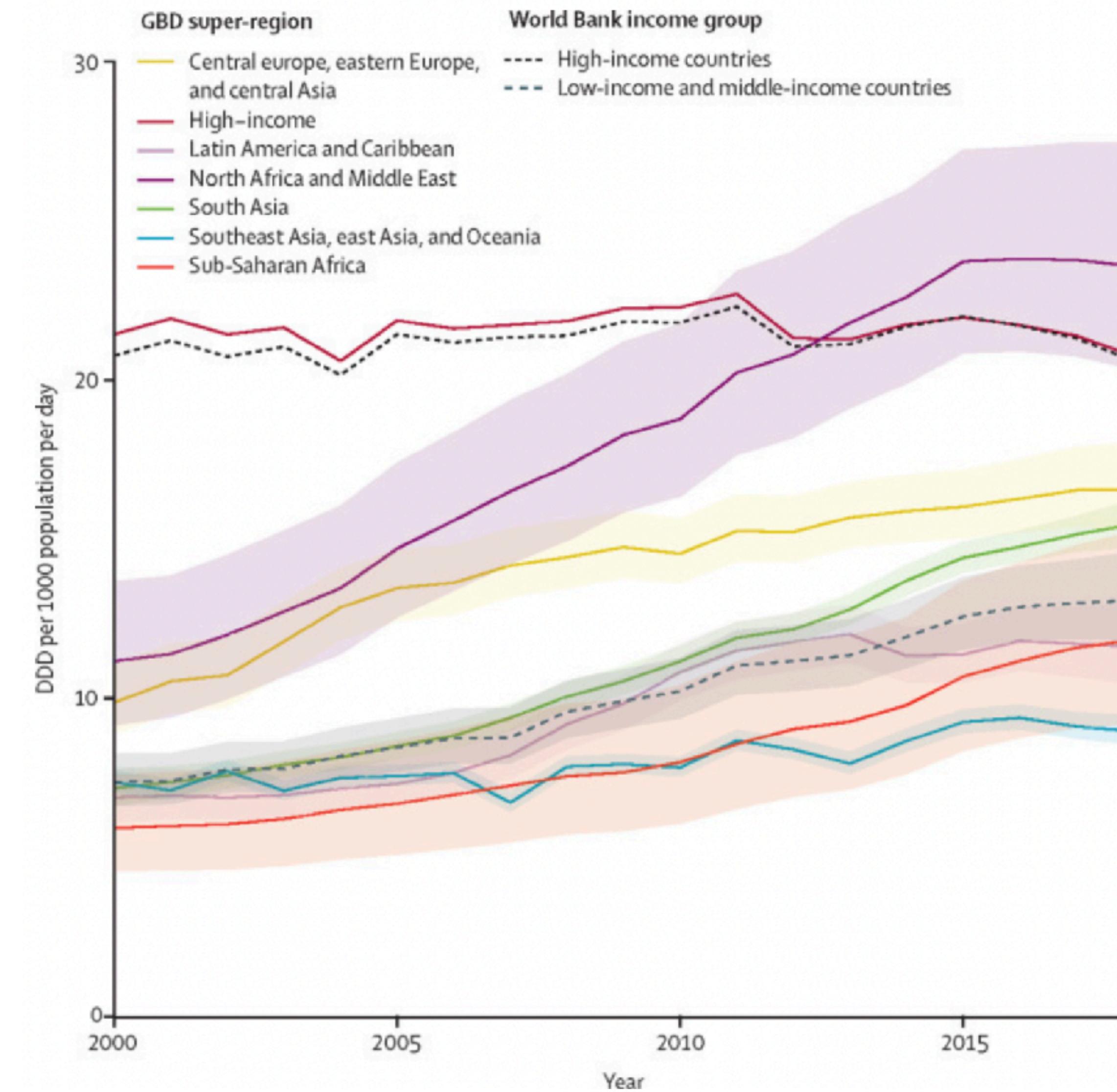


... eating leftovers

But we overdid it...



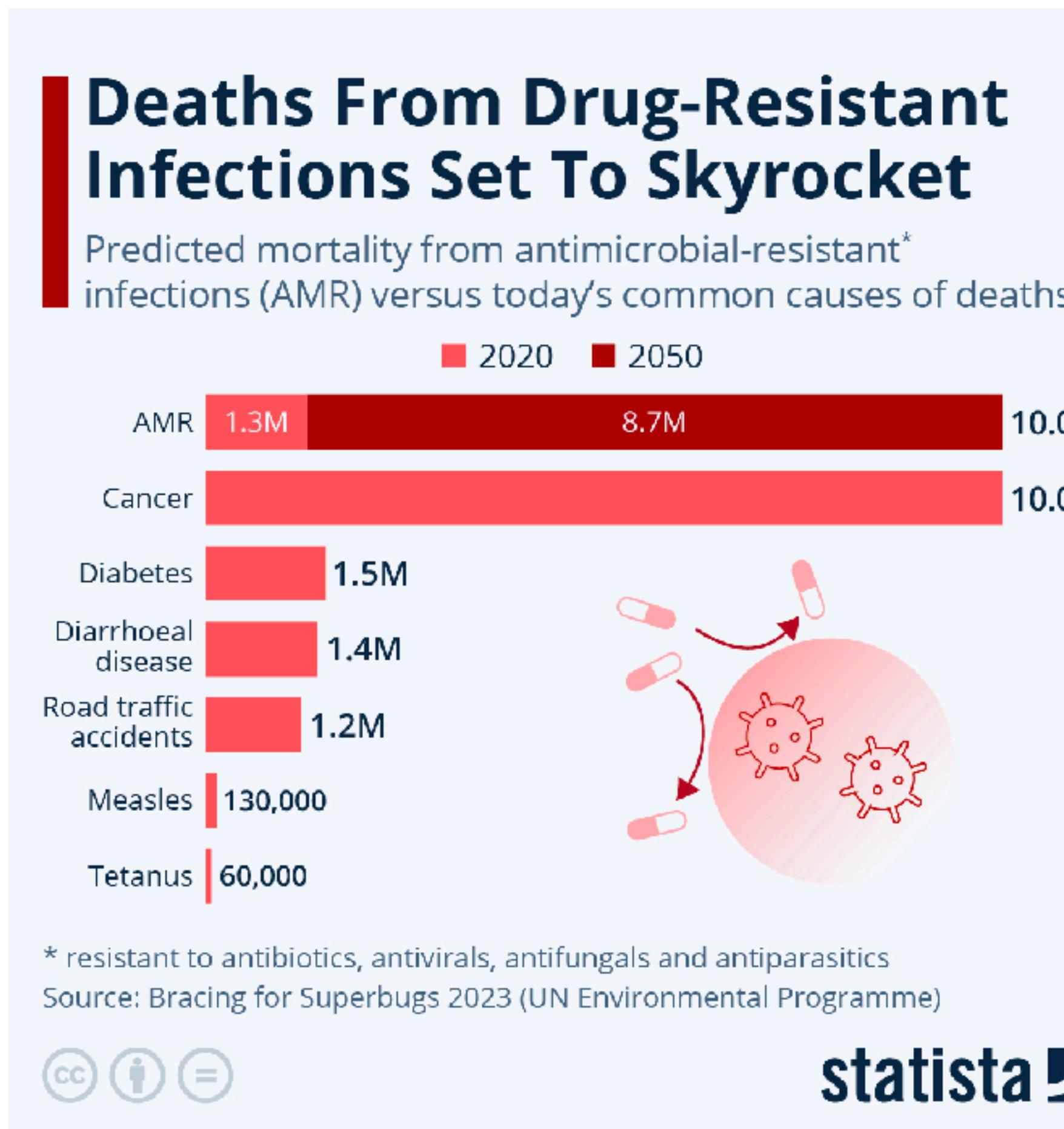
Source: <https://www.healthywomen.org/content/blog-entry/>



Source: <https://www.thelancet.com/journals/lanph/article/PIIS2542-5196%2821%2900280-1/fulltext>

We created Methicillin-resistant *Staphylococcus aureus* (MRSA) and other “superbugs”

Definition: Superbugs are strains of bacteria that are resistant to most of the antibiotics and other medications commonly used to treat the infections they cause. A few examples of superbugs include resistant bacteria that can cause pneumonia, urinary tract infections and skin infections.



UF study: Silent MRSA carriers have twice the mortality rate of adults without the bacteria

March 29, 2021 · By Jill Pease · [Media Contact](#) · [Share](#)

NBC NEWS U.S. AIRSTRIKES POLITICS U.S. NEWS WORLD BUSINESS HEALTH NBC NEWS TIPLINE VID

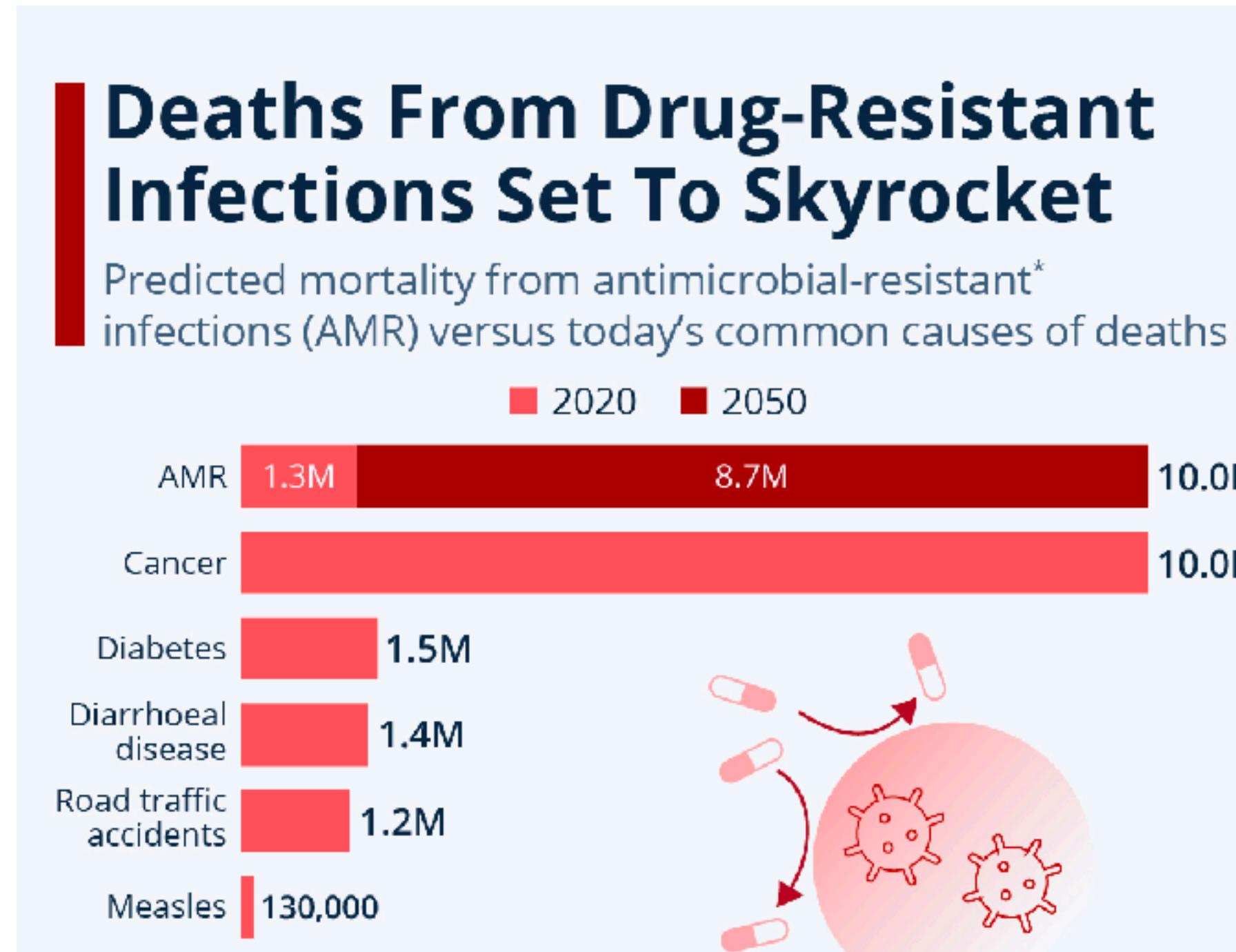
Deadly superbug MRSA can linger on surfaces in the home for months

But good hygiene can help prevent the bacteria from spreading.

Infectious Disease Experts Update Rules on 'Superbug' Spread in Hospitals

By [HealthDay](#) | June 27, 2023, at 1:38 p.m.

We created Methicillin-resistant *Staphylococcus aureus* (MRSA) and “superbugs”



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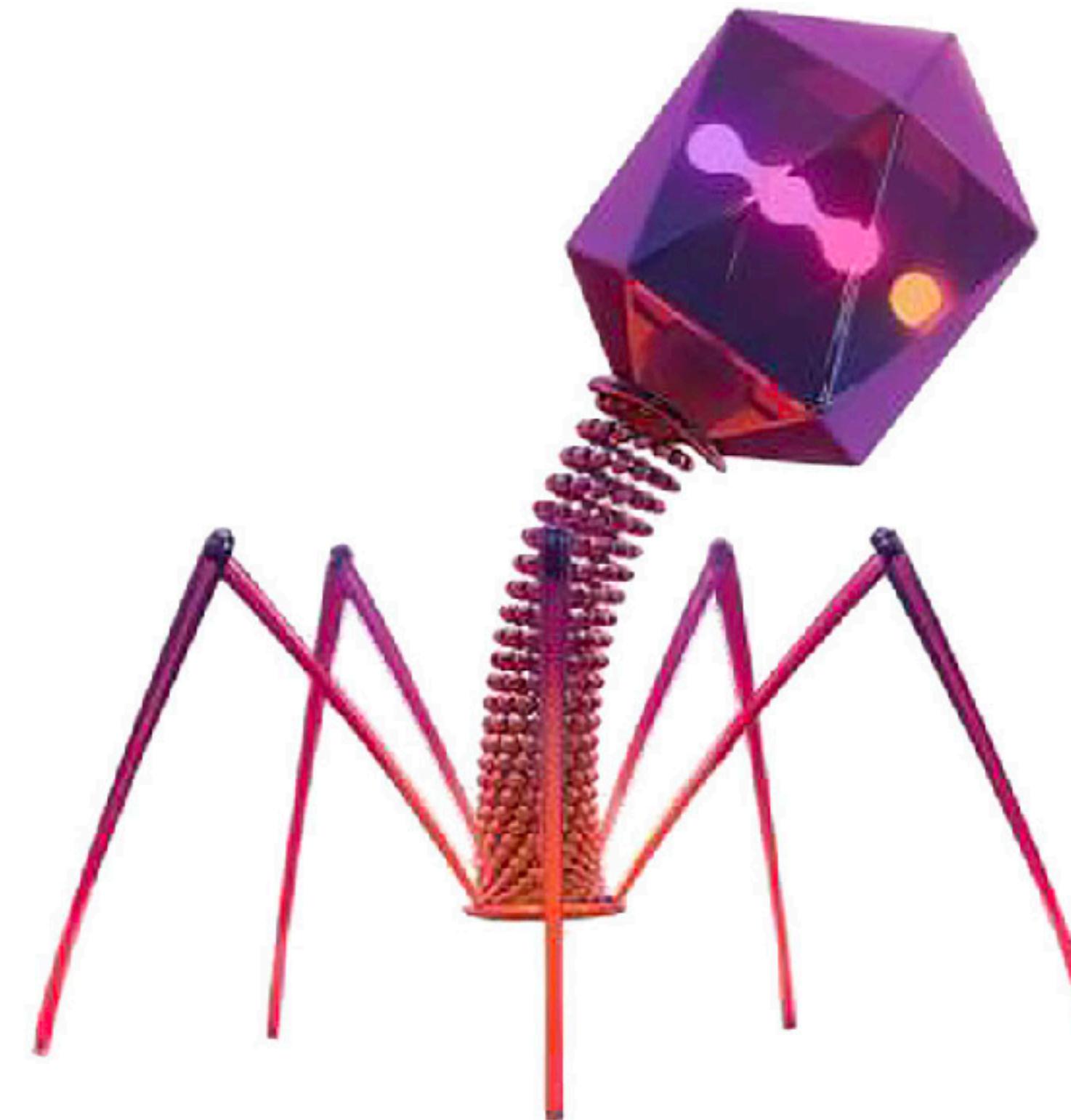
NBC NEWS U.S. AIRSTRIKES POLITICS U.S. NEWS WORLD BUSINESS HEALTH NBC NEWS TIPLINE VIDEO

Deadly superbug MRSA can linger on surfaces in the home for months

But good hygiene can help prevent the bacteria from spreading.

The days of dying from cutting your finger could come back!

We need new medication to treat superbugs



Source: <https://www.poultryworld.net/health-nutrition/>

Phages could save us

The concept of phage therapy



Source: <https://www.taconic.com/resources/phage-therapy-antibiotic-resistance>

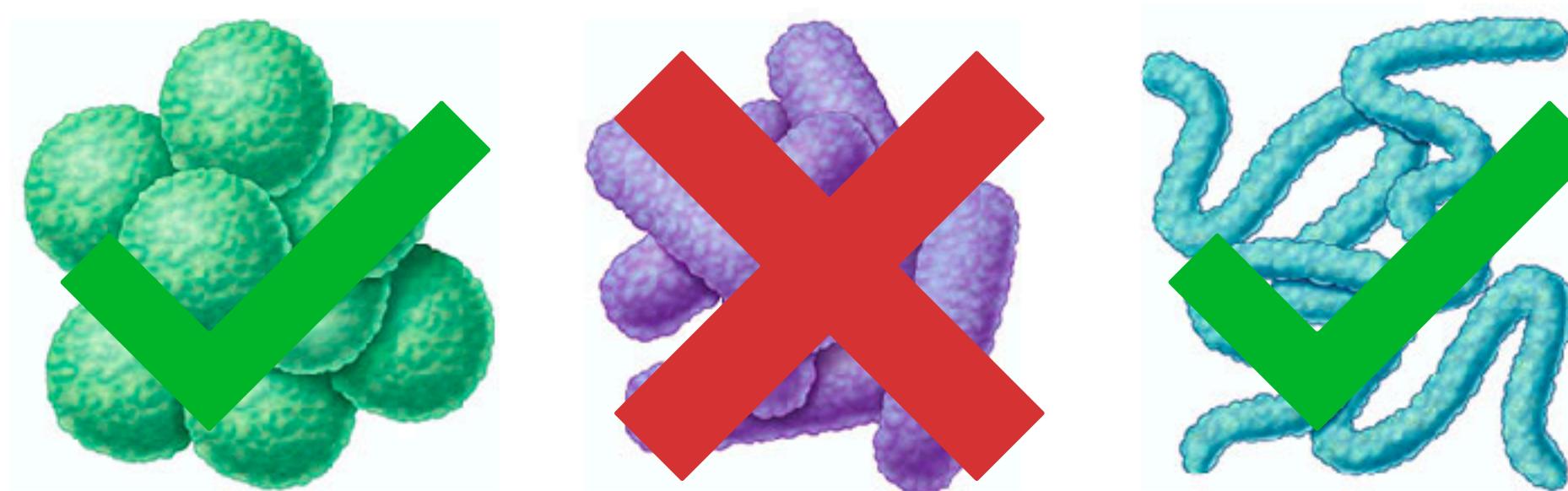
Phages could

- Efficiently kill bacteria
- Do not target any human cells
- Target specific bacteria (unlike antibiotics)
- Lessen antibiotic resistance risk
- Enable personalized treatment



Source: <https://en.wikipedia.org/wiki/>

Felix D'Herelle



Source: <https://my.clevelandclinic.org/health/articles/24494-bacteria>

A personal story on phage therapy

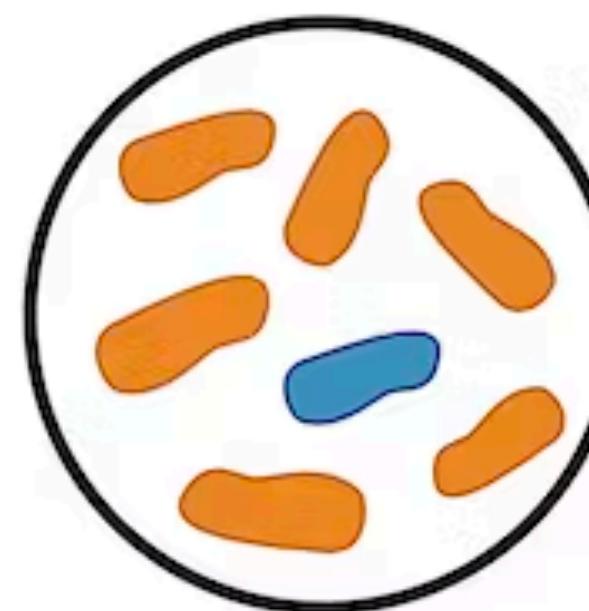


Source: <https://asm.org/articles/2022/august/phage-therapy-past,-present-and-future>

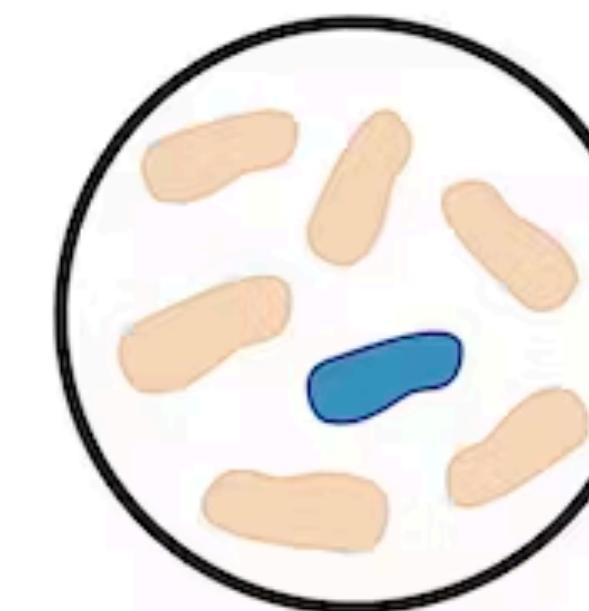
Tom Patterson and Steffanie Strathdee

Why don't we just continue using phage therapy?

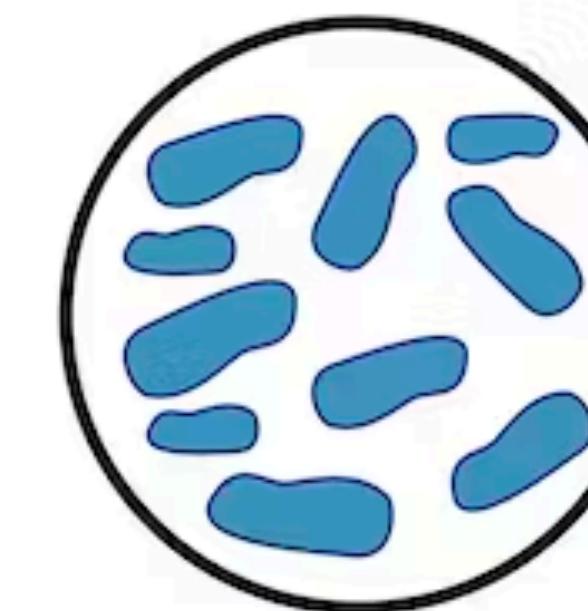
Bacteria can get resistant



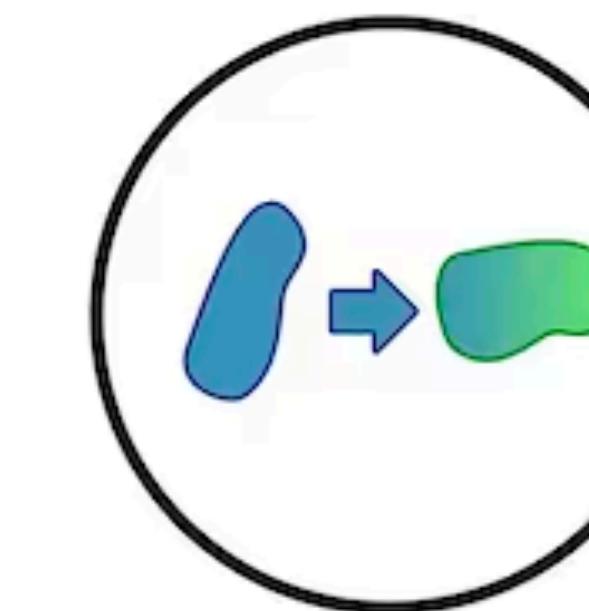
Lots of germs
and some are
drug resistant



Antibiotics kill the bacteria
causing the illness as well as
the good bacteria protecting
the body from infection



The drug resistant
bacteria is now able
to grow and take over



Some bacteria give
their drug resistance to
other bacteria



- Normal bacterium



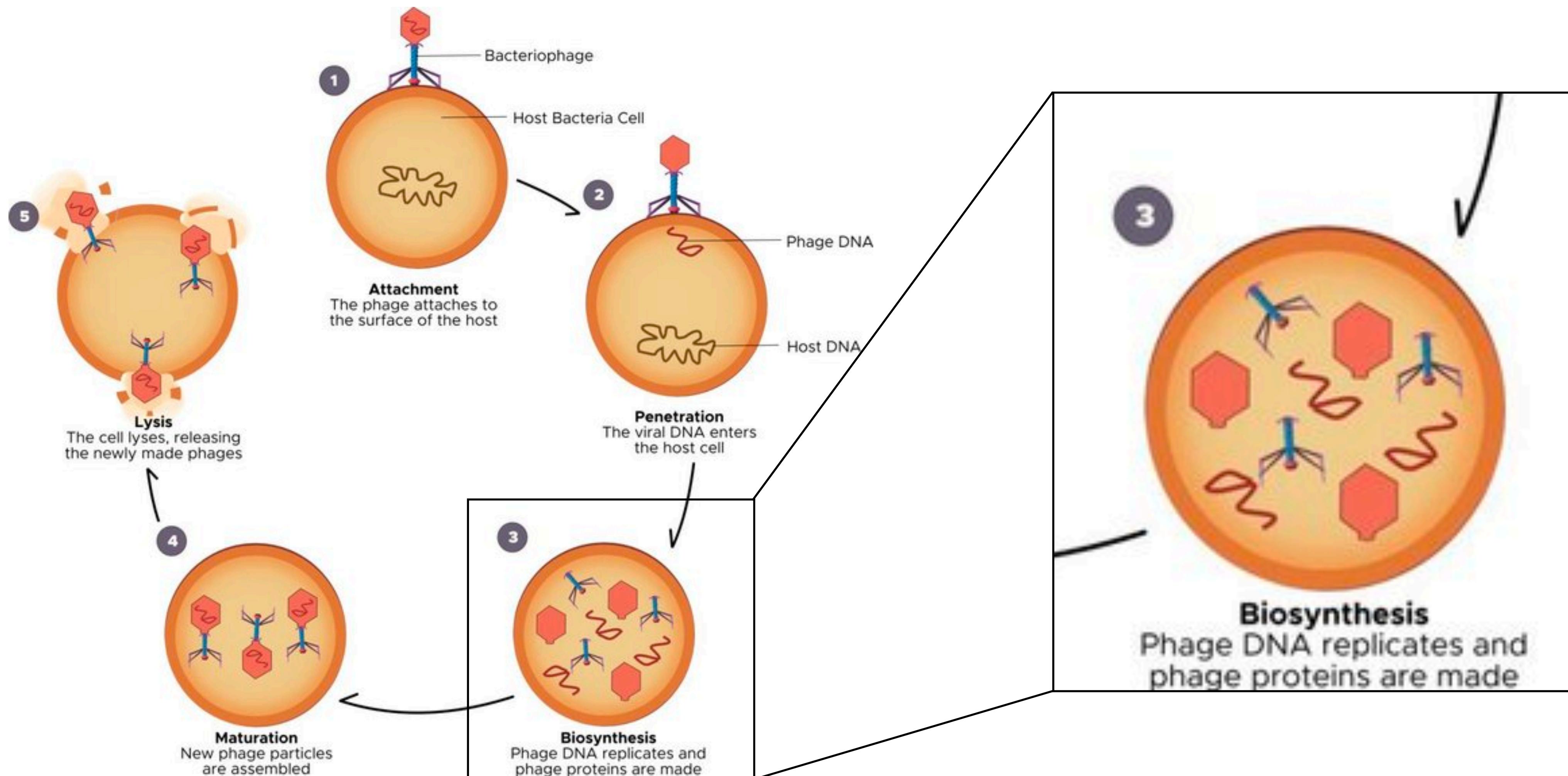
- Resistant bacterium



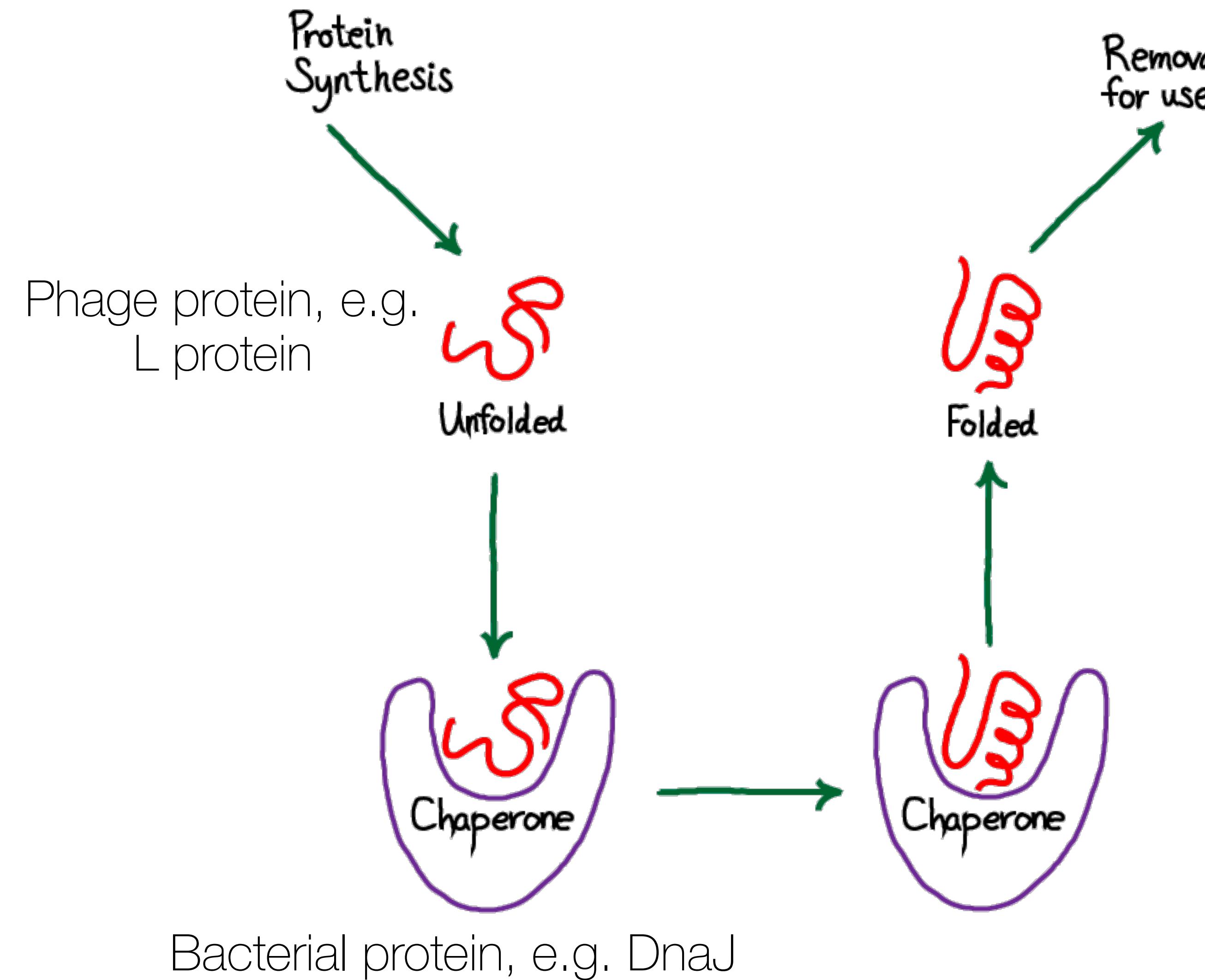
- Dead bacterium

Source: <https://theconversation.com/how-to-train-the-bodys-own-cells-to-combat-antibiotic-resistance-106052>

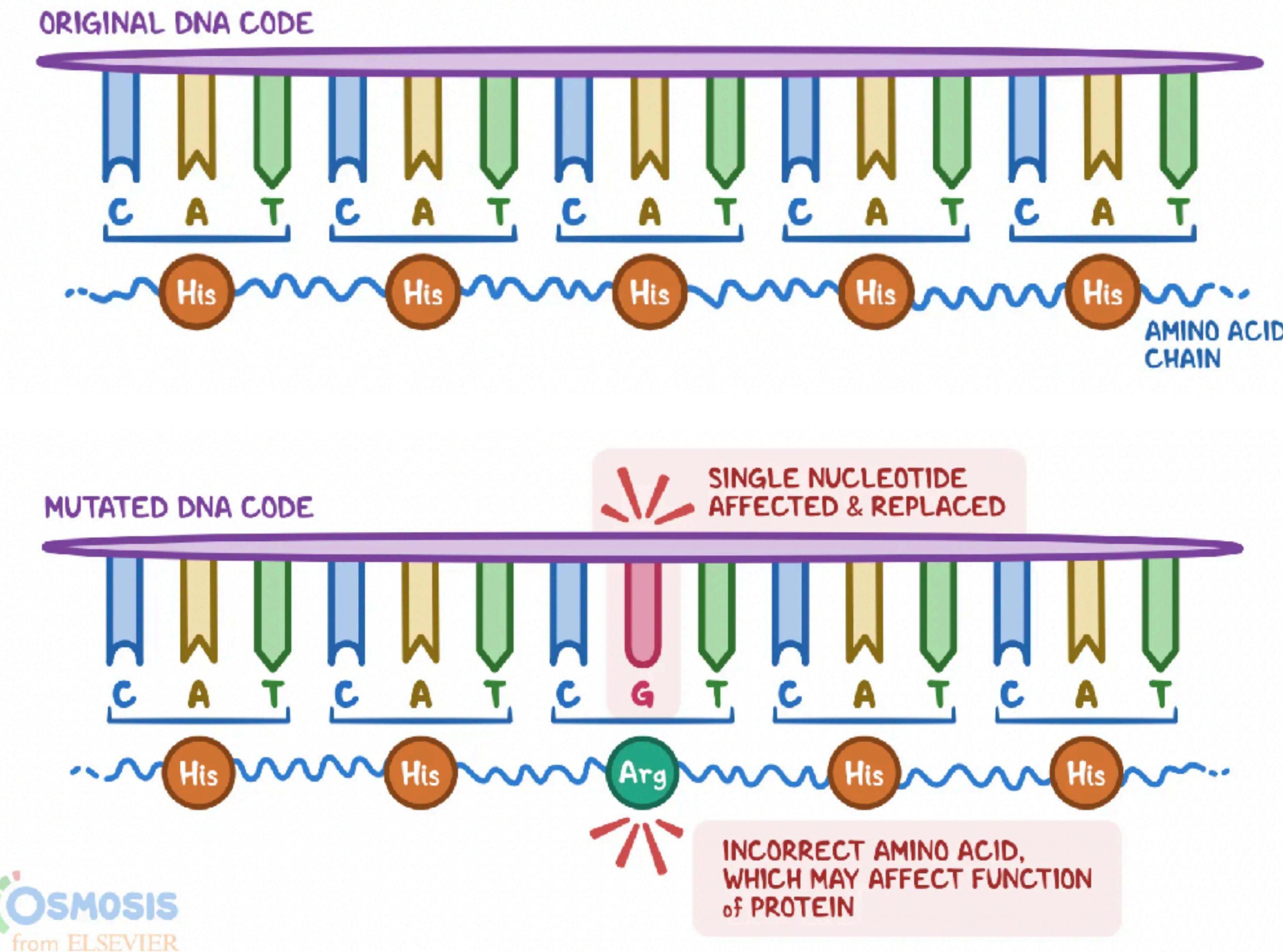
How do bacteria get resistant?



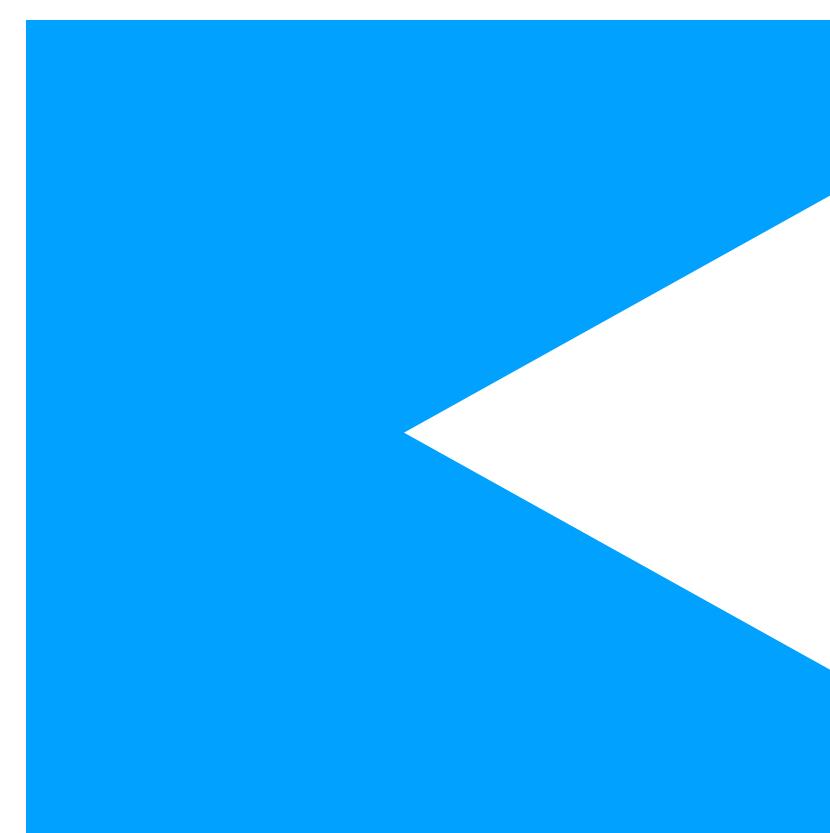
An example for phage dependency on bacterial proteins



How do bacteria get resistant?



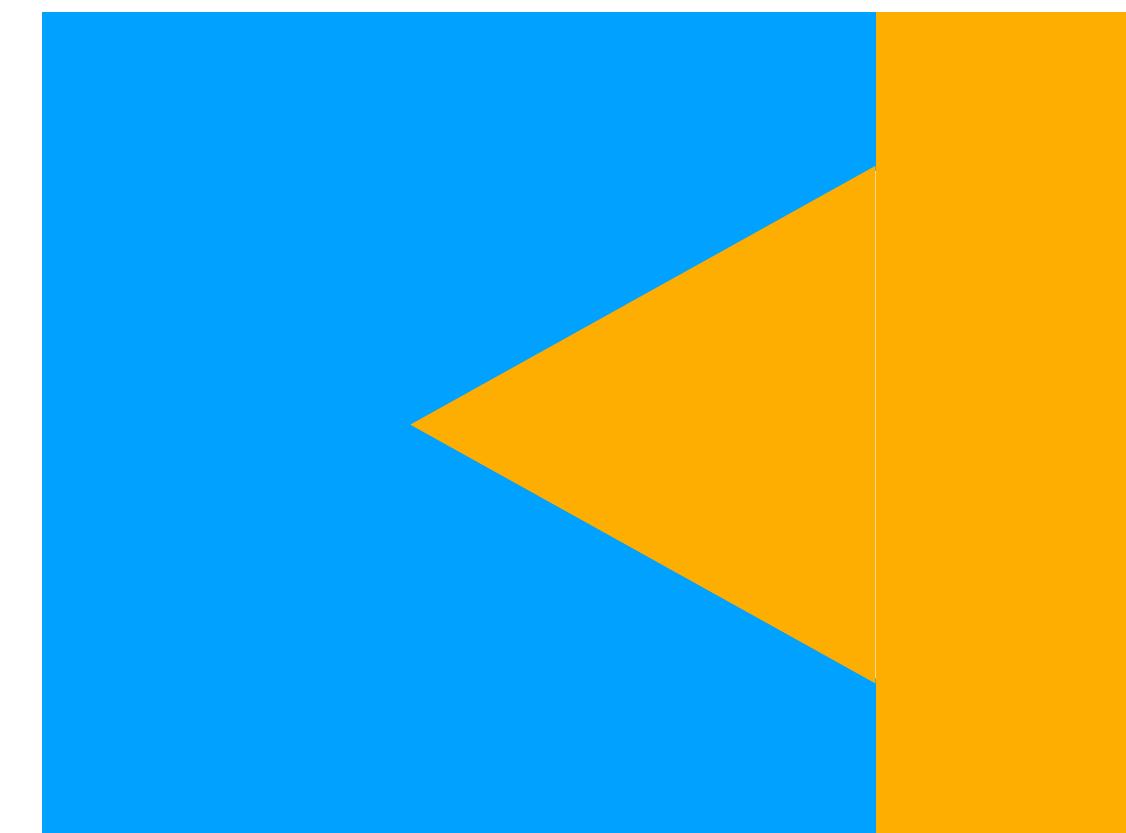
How do bacteria get resistant?



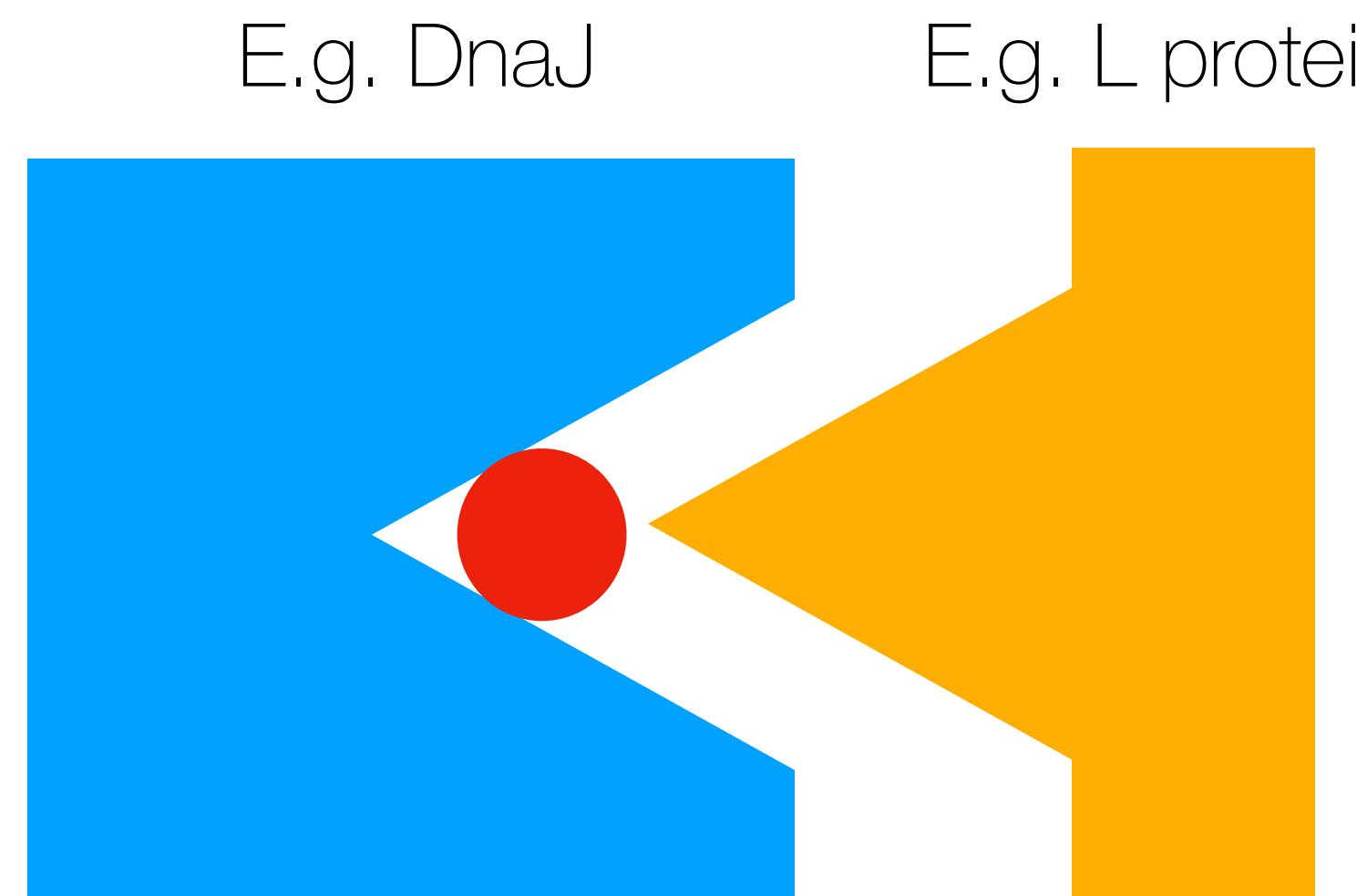
Bacterial protein



Phage protein



No mutation

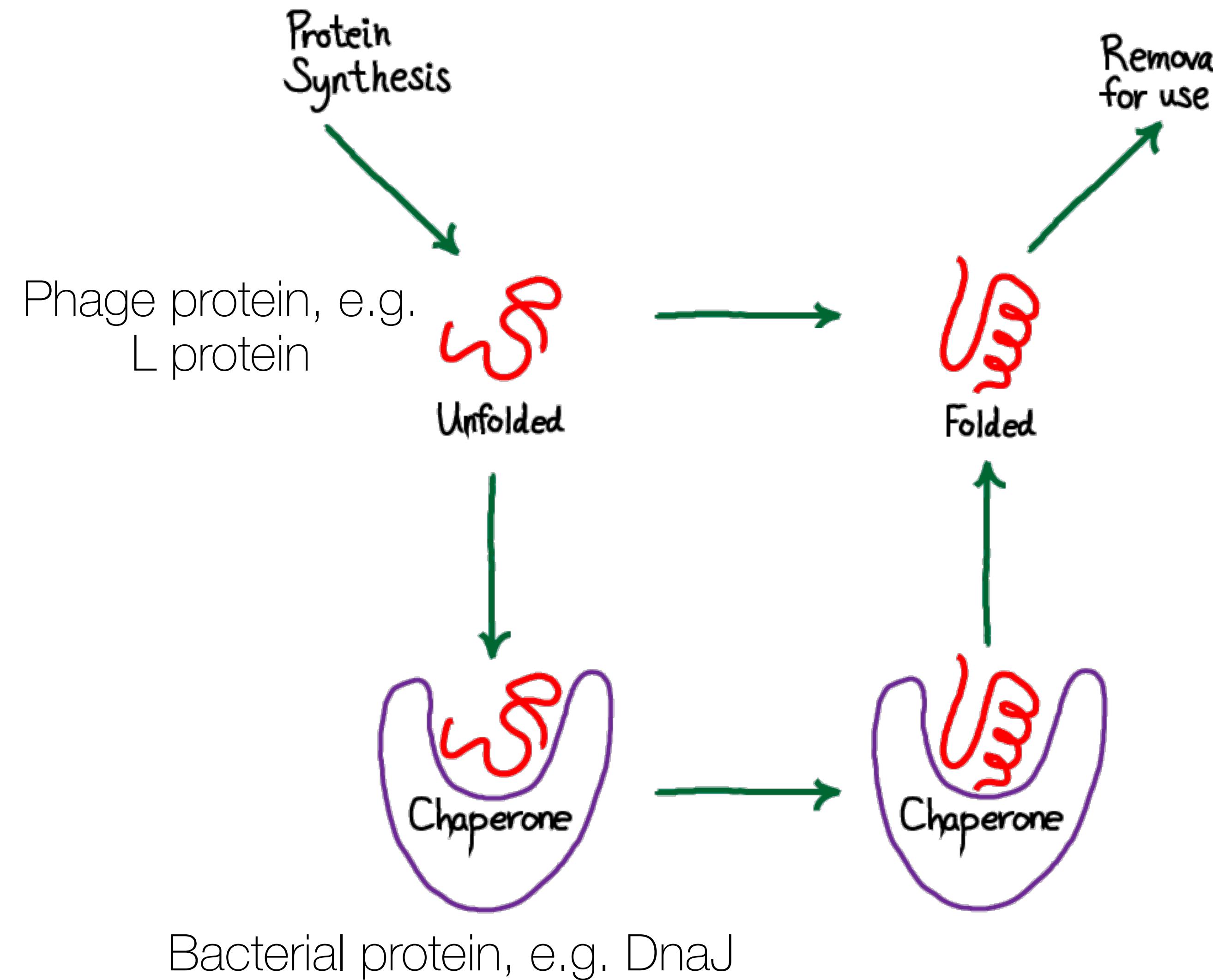


Mutated

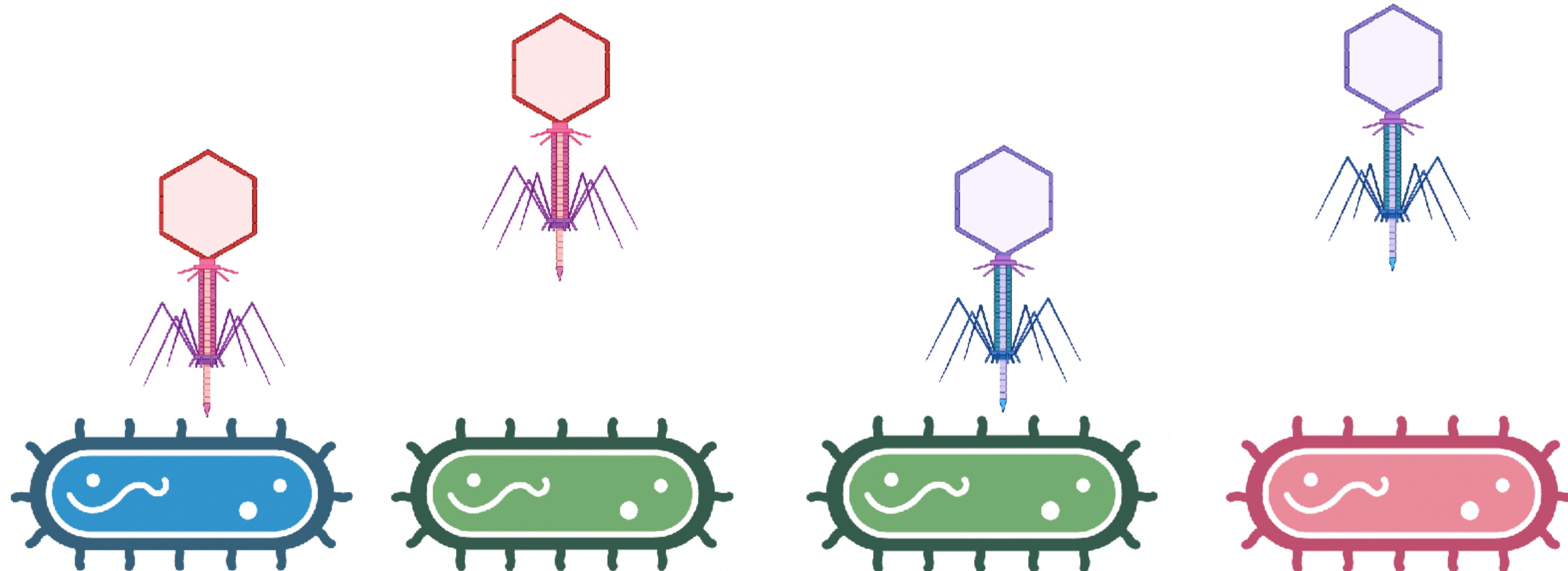
E.g. DnaJ

E.g. L protein

But phages are not helpless!

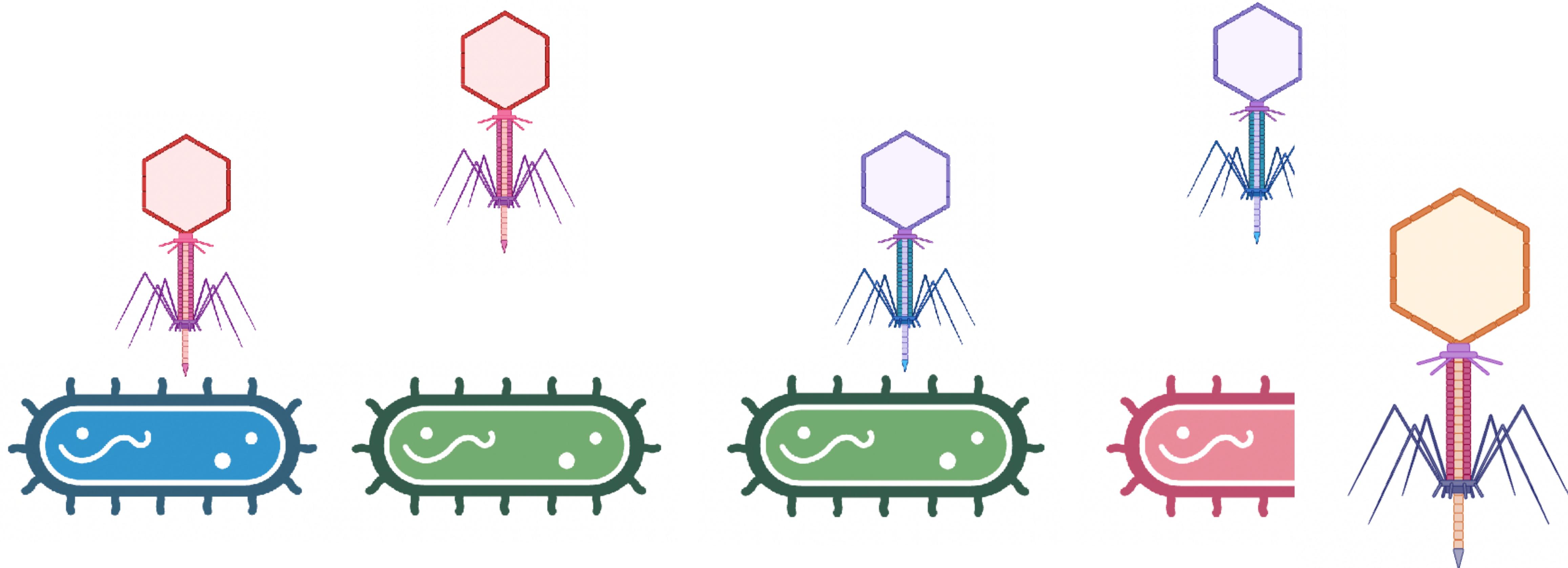


Co-evolution of phages and bacteria

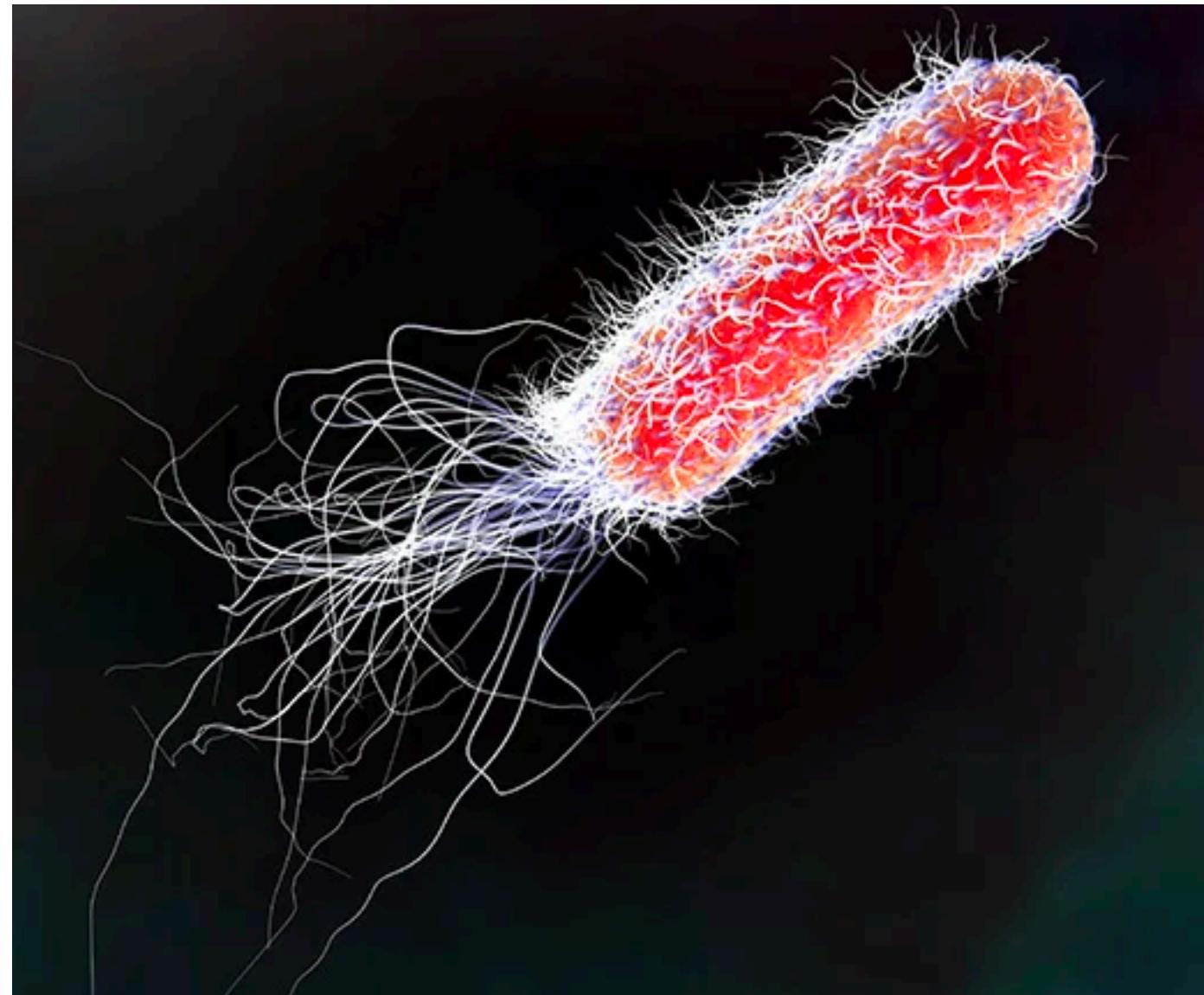


It's an arms race!

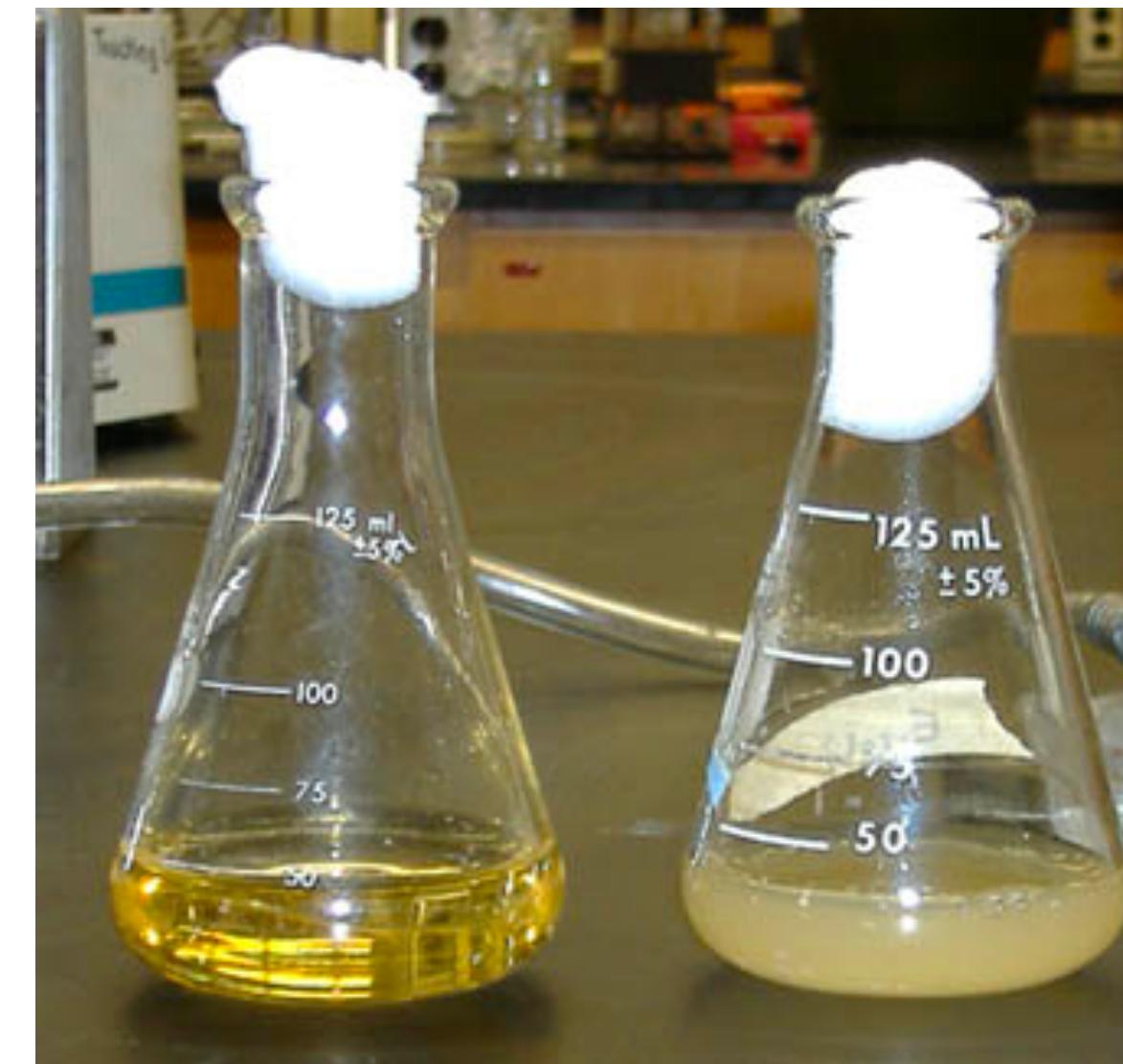
We can engineer phages to overcome resistance



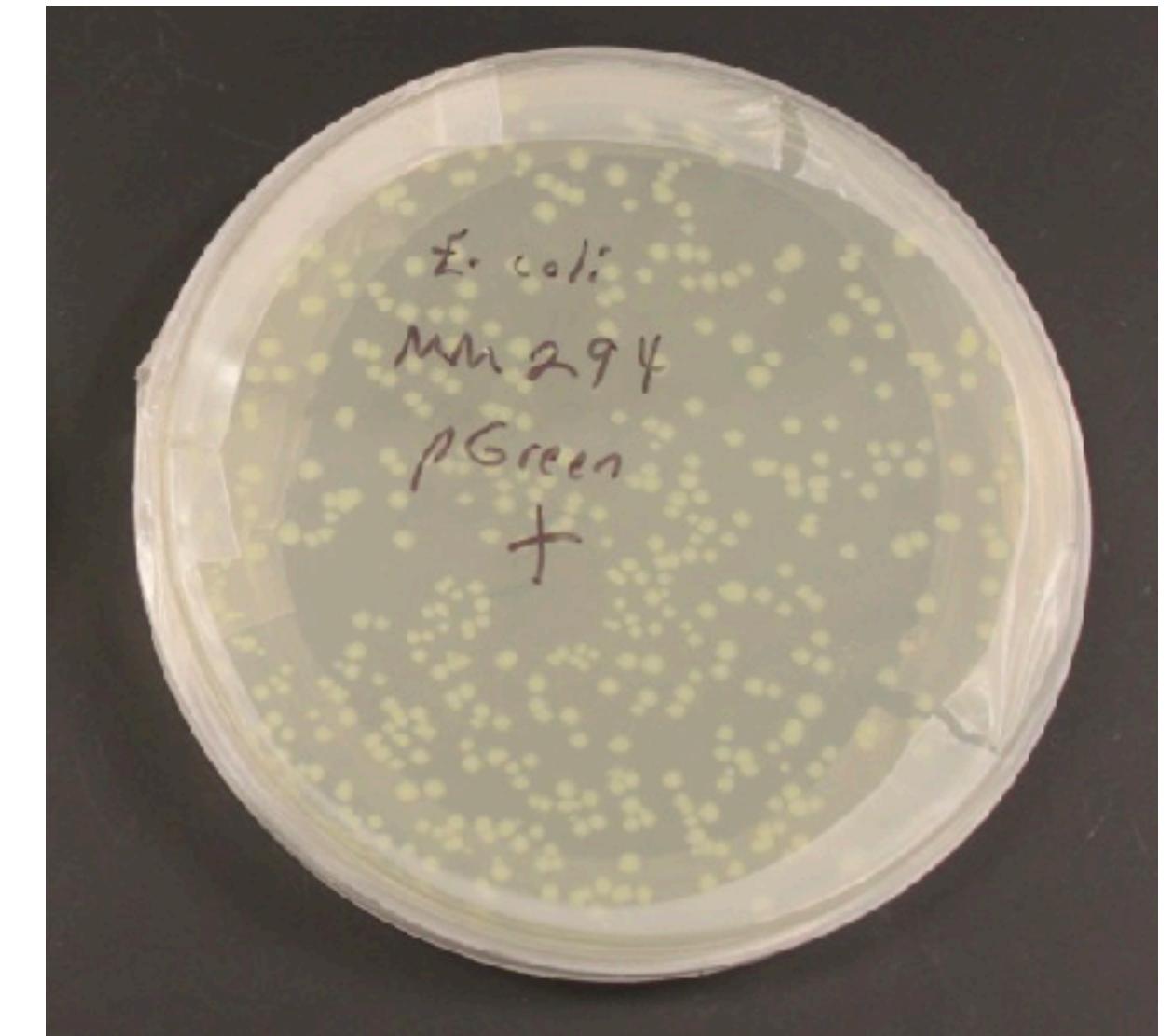
Escherichia coli or E. Coli



Source: <https://biolabtests.com/top-facts-ecoli/>

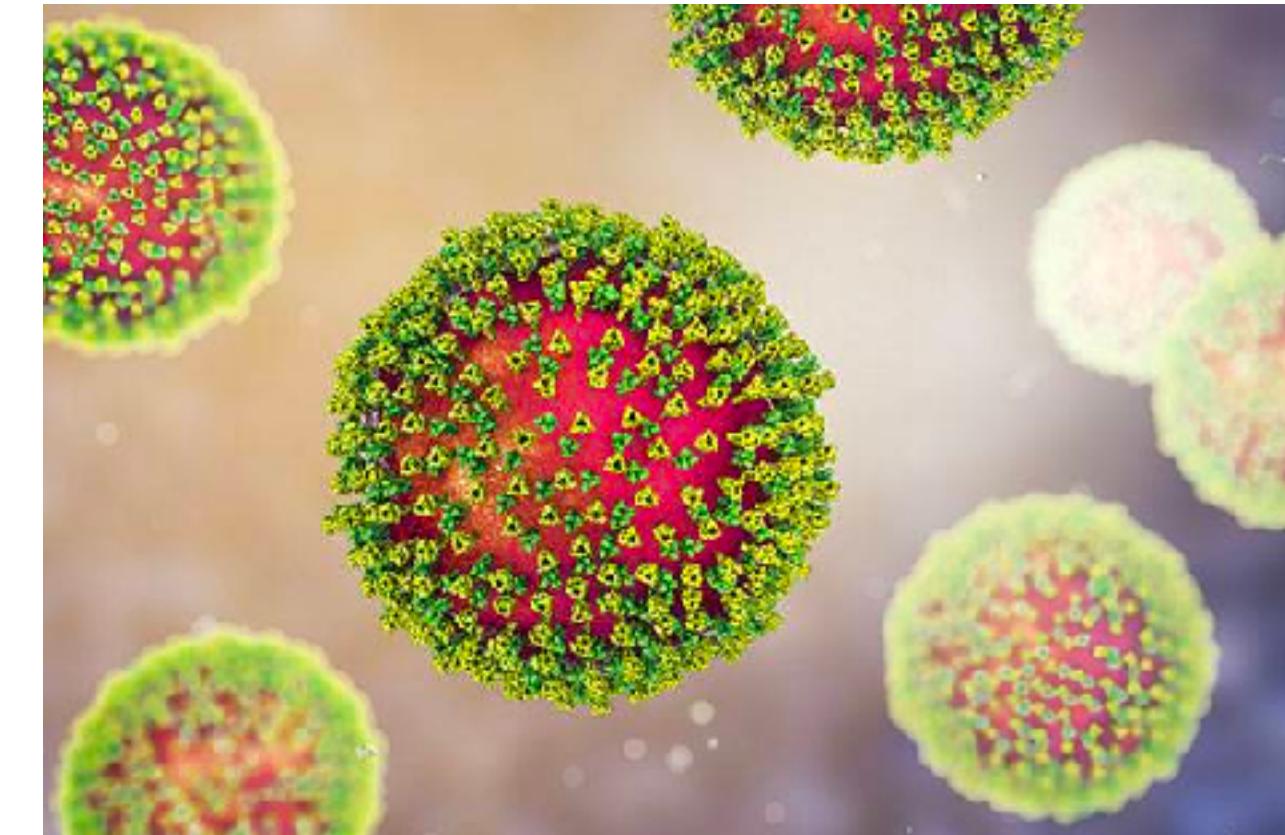


Source: <https://app.jove.com/t/2754/>

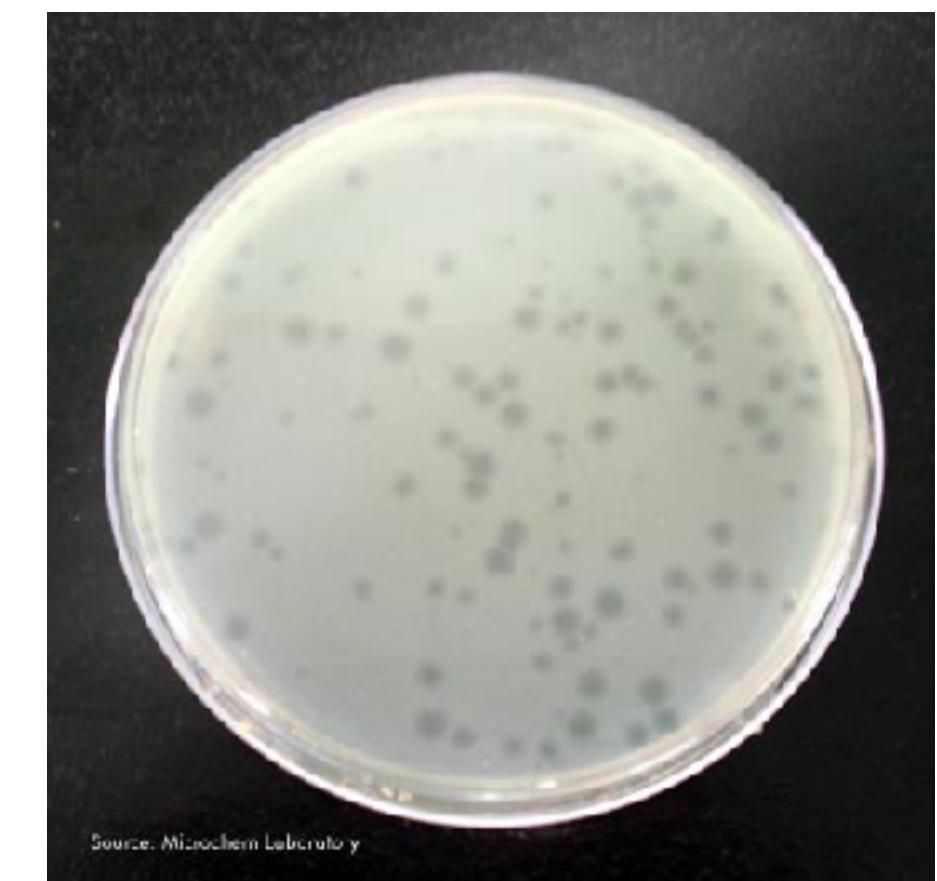


Source: <https://hawaiireedlab.com/wpress/?p=49>

And it's phage: MS2

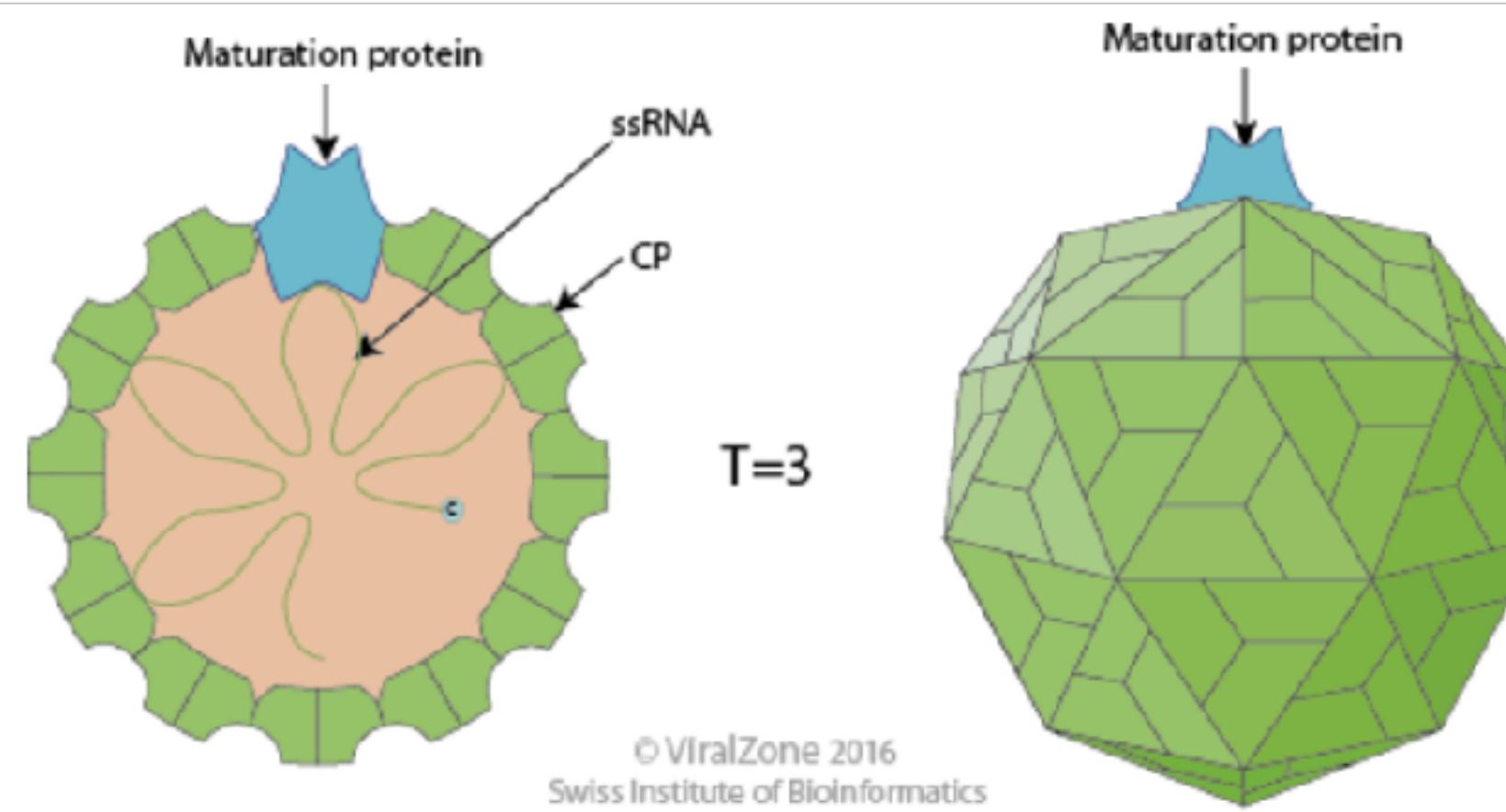


Source: <https://www.h-h-c.com/what-is-ms2-bacteriophage-and-its-ultimate-usage/>

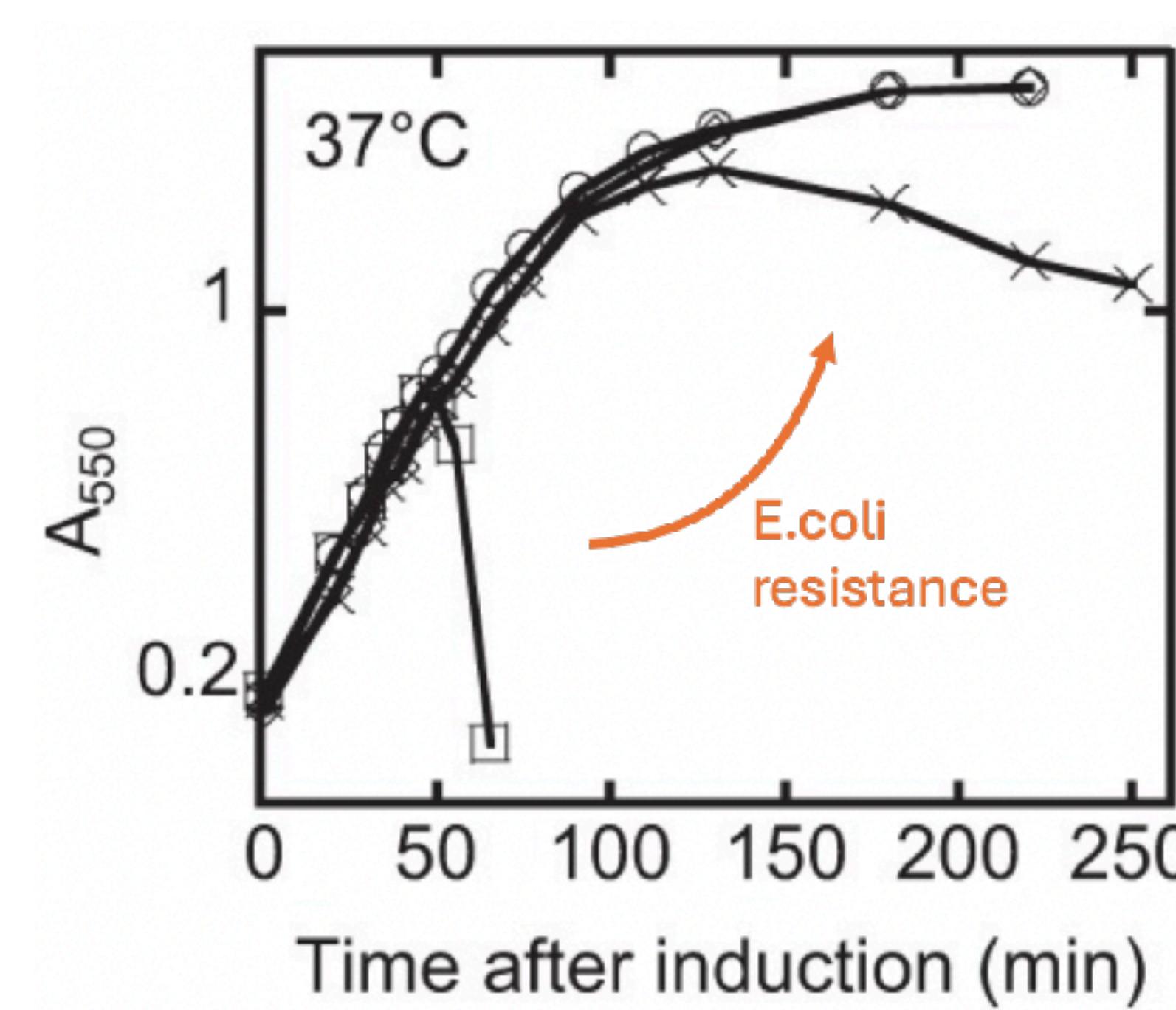
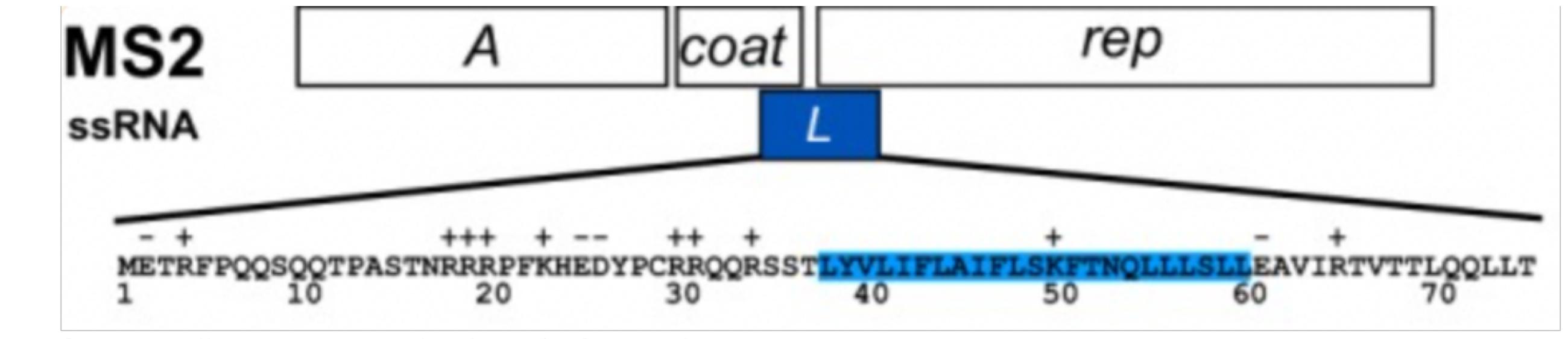


Source: <https://microchemlab.com/information/ms2-bacteriophage-viral-screening-tool/>

MS2 phages



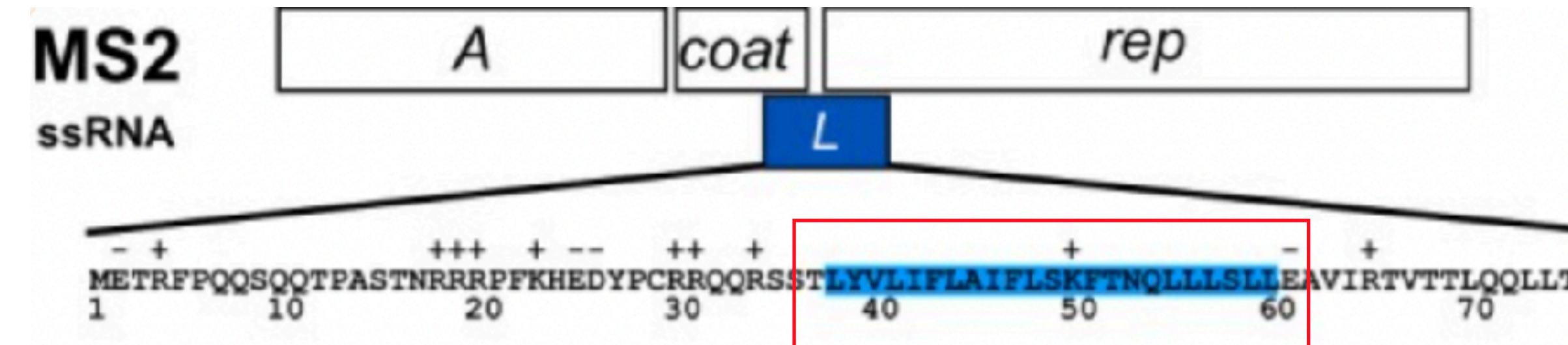
- No tail, no legs
- Genome: single-stranded RNA
- Almost 10x smaller than T4 phage



Source: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5446614/>

- Non-mutated E. coli only
- MS2 + non mutated E. coli
- ✗ MS2 + mutated E. coli

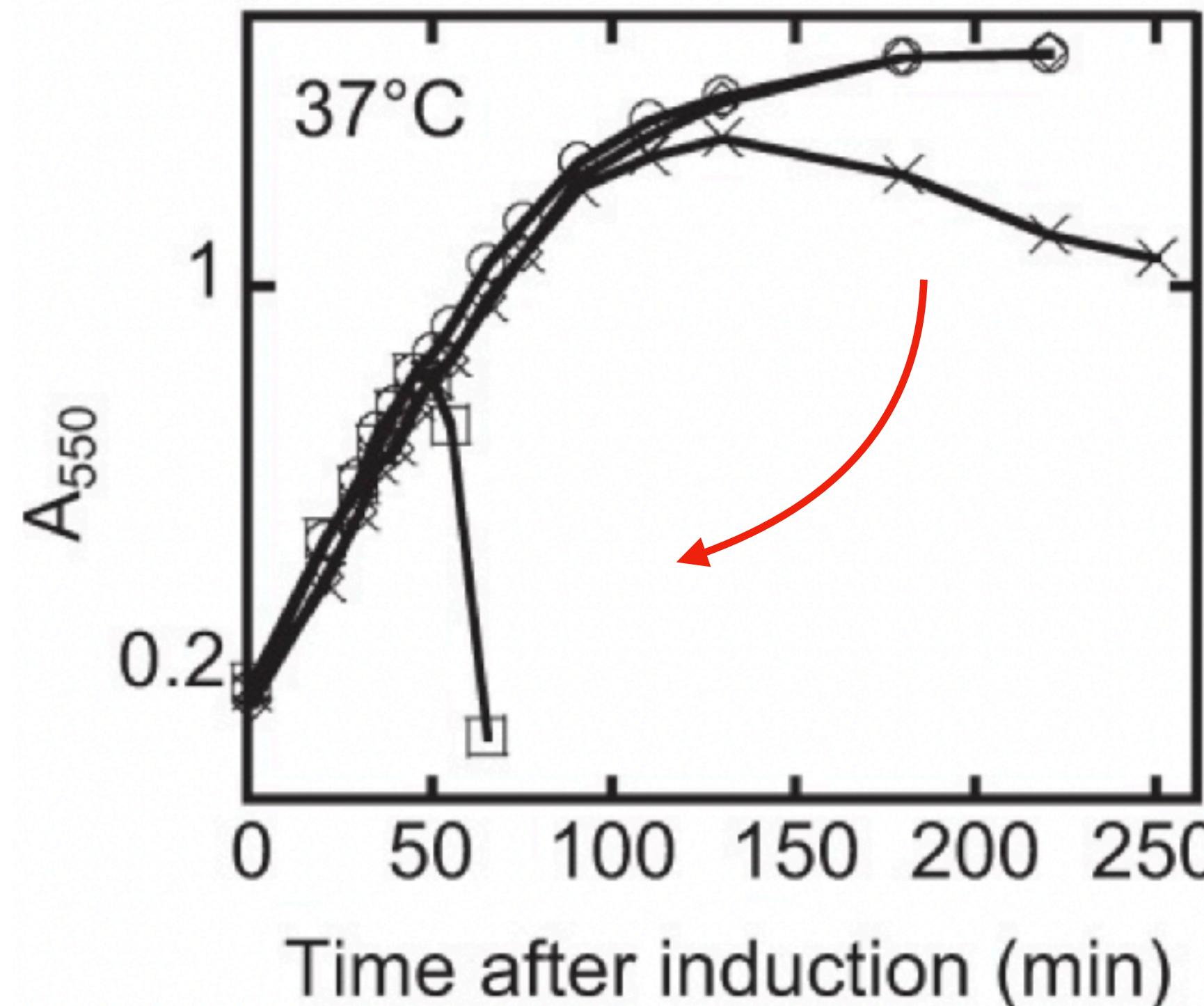
Group project



Source: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5446614/>

What can we do?

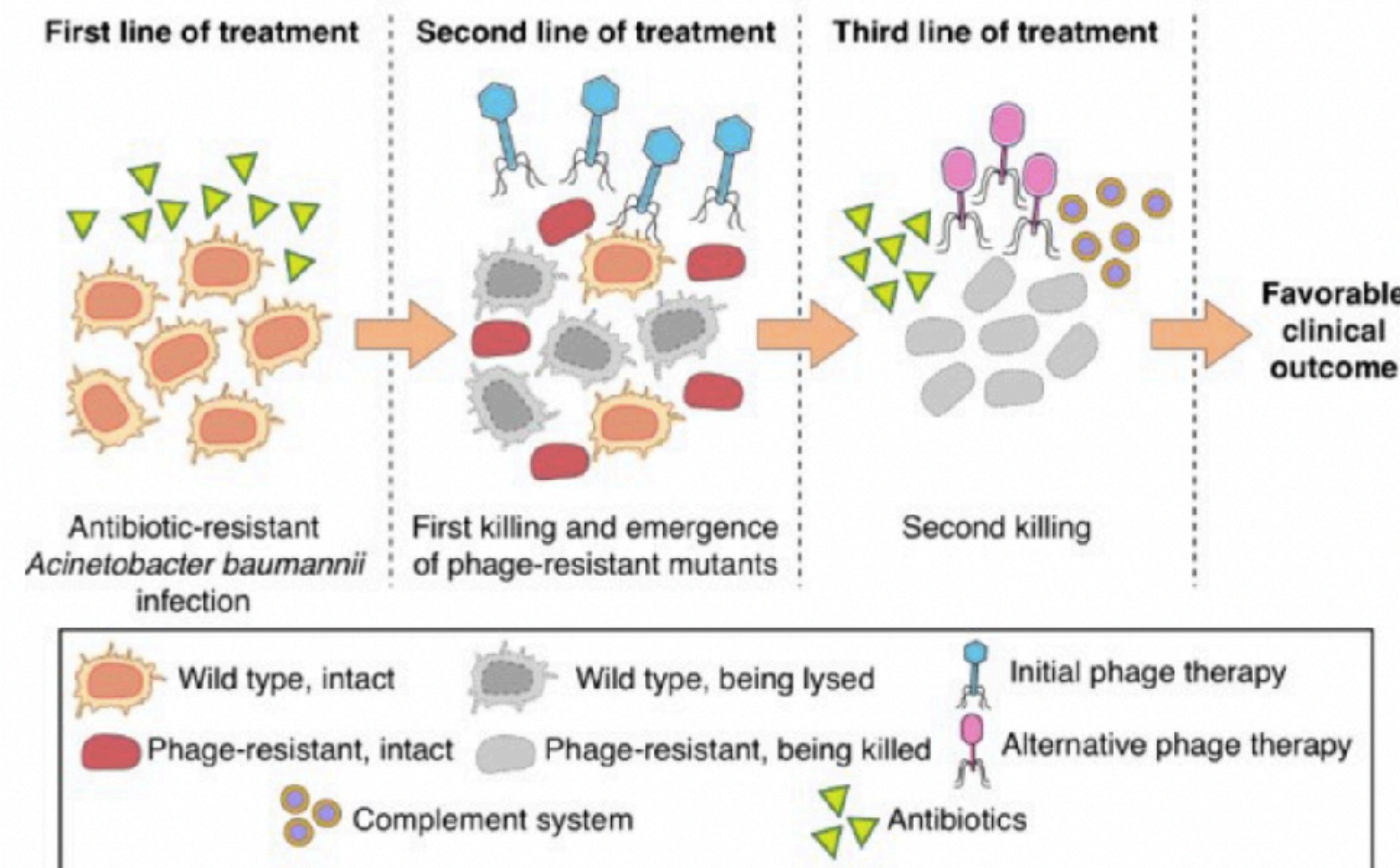
- More lysis protein
- Increase lysis protein stability
- Increase toxicity
- Lessen resistance risk



Source: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5446614/>

- Non mutated E.coli only
- MS2 + non mutated E. coli
- ✗ MS2 + mutated E. coli

Combination of phages with antibiotics



Source: Altamirano, 2020, Preprint (https://www.researchgate.net/publication/339531457_Bacteriophages_targeting_Acinetobacter_baumannii_capsule_induce_antimicrobial_resensitization)

Take home messages

- Phages are pretty cool!
- Phages are viruses that infect bacteria
- Bacteria can mutate their DNA to become resistant
- Bacteria can be resistant against antibiotics and against phages, but it's hard to be resistant against both
- Scientists have tools to modify phages and make them more equipped to battle resistant bacteria